



## Criterion 4- Infrastructure and Learning Resources

**4.1.2 The Institution has adequate facilities to support physical and recreational requirements of students and staff- sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities**



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## 4.1.2

**The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities.**

### **Response:**

Y.B.N. University, Ranchi, is dedicated to fostering the holistic development of its students and staff through a range of facilities that promote physical fitness, mental well-being, and cultural enrichment.

### **Facilities for Sports and Games**

The university offers extensive facilities for outdoor and indoor sports, supporting recreational and competitive activities.

#### **1. Outdoor Sports Facilities**

The campus includes well-maintained grounds for cricket, football, volleyball, and athletics, along with courts for basketball, tennis, and badminton. These enable active participation in sports for students and staff alike.

#### **2. Indoor Games**

Indoor spaces are equipped for chess, carrom, table tennis, and other games, fostering relaxation and mental stimulation while encouraging teamwork and strategic thinking.

#### **3. Support for Sports Excellence**

The university organizes inter-departmental and inter-university sports competitions and provides coaching for students participating in national and international events. This promotes a culture of excellence and sportsmanship.

### **Gymnasium**

The modern gymnasium is equipped with state-of-the-art fitness equipment, offering options for cardio, strength training, and weightlifting under professional guidance. Personalized training programs ensure fitness goals are met, supporting a healthy lifestyle for students and staff.

### **Wellness, Naturopathy, and Yoga Centre**

To promote overall well-being, the university has established a dedicated Wellness, Naturopathy, and Yoga Centre.

#### **1. Yoga and Meditation**





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Regular yoga and meditation sessions are conducted by trained instructors to help manage stress, improve concentration, and enhance physical and mental health.

## **2. Naturopathy Programs**

Workshops and therapies on natural wellness practices encourage students and staff to adopt a balanced lifestyle through holistic healing methods.

## **Cultural Activities and Facilities**

The university emphasizes cultural enrichment as an integral part of campus life.

### **1. Auditorium**

A state-of-the-art auditorium serves as a hub for academic and cultural events, equipped with advanced audio-visual systems, ensuring a seamless experience for diverse activities.

### **2. Conference Rooms and Common Rooms**

These spaces facilitate group discussions, brainstorming sessions, and faculty-student interactions, promoting collaboration and idea exchange.

### **3. Cultural Activities and Festivities**

Annual fests, talent shows, and cultural competitions provide students a platform to showcase talents in music, dance, drama, and art, celebrating diversity and creativity.

## **Student-Centric Recreational Spaces**

The university ensures the availability of recreational areas designed to enhance student life.

### **1. Common Rooms**

Separate common rooms for boys and girls offer a space for relaxation and informal interactions, equipped with seating and indoor games.

### **2. Green Spaces and Recreational Areas**

Landscaped green spaces and recreational zones allow students and staff to unwind amidst nature, supporting outdoor yoga sessions and informal gatherings.

## **Impact on Development**

The comprehensive facilities at Y.B.N. University have significantly enriched campus life, contributing to the holistic development of students and staff.

### **1. Skill Development and Teamwork**

Participation in sports and cultural activities fosters essential skills like teamwork, leadership, and time management, preparing students for real-world challenges.

### **2. Cultural Awareness and Talent Promotion**

Cultural events provide a platform for showcasing talent, boosting confidence, and nurturing a vibrant campus culture.



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### **3. Community Building**

Recreational and cultural activities strengthen interpersonal relationships, fostering an inclusive and supportive community environment.





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## **Summary**

### **4.1.2 List of Facilities**

<b>Sl. No.</b>	<b>YBN University</b>
<b>1.</b>	<b>Sports</b>
<b>2.</b>	<b>Games</b>
<b>3.</b>	<b>Yoga</b>
<b>4.</b>	<b>Cultural</b>
<b>5.</b>	<b>Stock Register</b>





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## 4.1.2. SPORTS PHOTOGRAPHS

### List Of Sports Equipments (New)

Sl. No.	Equipments	Quantity
1.	VOLLYBALL NET	2
2.	BADMINTON NET	2
3.	AIR PUMP	1
4.	BADMINTON SHUTTLE	2 Packets (6 p/- Packet)
5.	TABLE TENNIS BALL	1 Packet (12 Balls)
6.	CARRROM STRIKER	2 P (1 White, 1 Sky Blue)
7.	CARROM COINS	2 Packets
8.	CRICKET TENNIS BALL	5 (Received 6 But 1 is Missing )
9.	VOLLYBALL	4
10.	CRICKET BAT	2

### List Of Sports Equipments (Old)

Sl. No.	Equipment's	Quantity	Condition	
			Good	Damage
1.	BADMINTON NET	2	2	0
2.	BADMINTON RACKET	9	4	5
3.	SHOT-PUT	1	1	0
4.	DISCUS (2KG)	3	0	3
	(1KG)	4	4	0
5.	VOLLEYBALL NET	5	5	0
6.	VOLLEYBALL	9	4	5
7.	FOOTBALL	4	2	2
8.	CRICKET BAT	3	3	0
9.	CRICKET BALL	2	2	0
	(TENNIS)		1	0
10.	(PLASTIC)	1	1	0
	CRICKET STUMP	4	4	0
	(WOOD)	1 Set	1	0
	(PLASTIC)			





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11.	STUMP'S BAILS (WOOD)	3	3	0
	(PLASTIC)	2	2	0
12.	TUG OF WAR ROPE	1	1	0
13.	TABLE TENNIS BOARD	2	1	1
14.	TABLE TENNIS NET	2	1	1
15.	TABLE TENNIS BAT	16	10	6
16.	TABLE TENNIS BALL	4	2	2
17.	CARROM BOARD(BIG)	2	2	0
	(SMALL)	2	2	0
18.	CARROM COINS (WOOD)	24		
	(PLASTIC)	21		
19.	CARROM STRICKER	1	1	0
20.	CHESS	5	5	0
21.	LUDO (BOARD)	3	2	1
22.	LUDO (GOTI)	1	1	0
23.	YOGA MAT	3		
24.	DRUM	3	2	1
25.	DRUM STICK (WOOD)	2	2	0
26.	DRUM STICK (BASS)	2	2	0
27.	STOP WATCH	1	1	0
28.	MARKING COINS (BLUE)	21	21	0
	(GREEN)	11	11	0
	(ORANGE)	10	10	0
	(NEON)	8	8	0
29.	GUJAR	1	0	1
30.	CARROM POWDER	1	1	0
31.	FLAG STICK (STEEL)	3	3	0
32.	SKIPPING ROPE	2	2	0
33.	FOOTBALL GOAL POST NET	2	2	0





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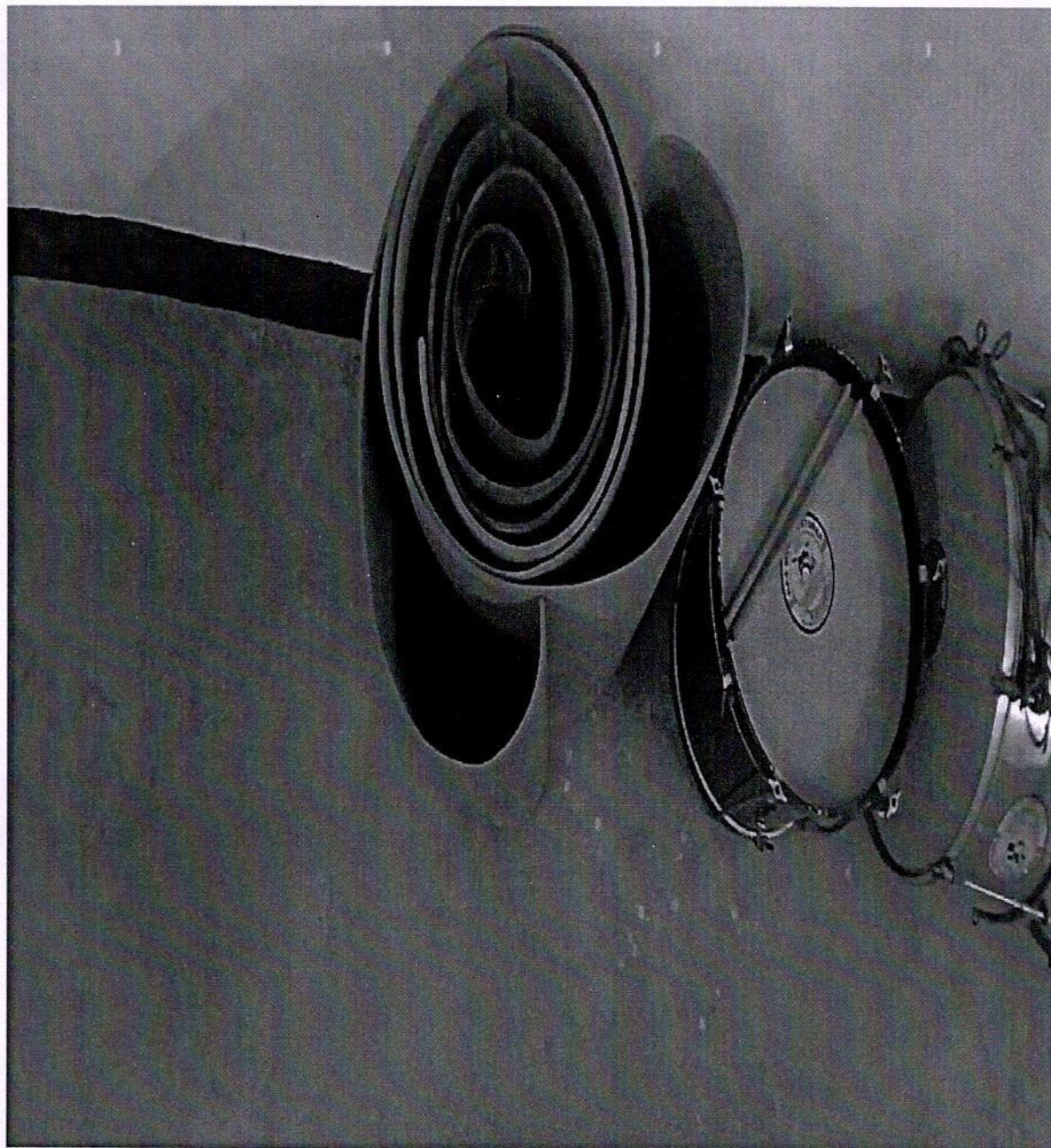


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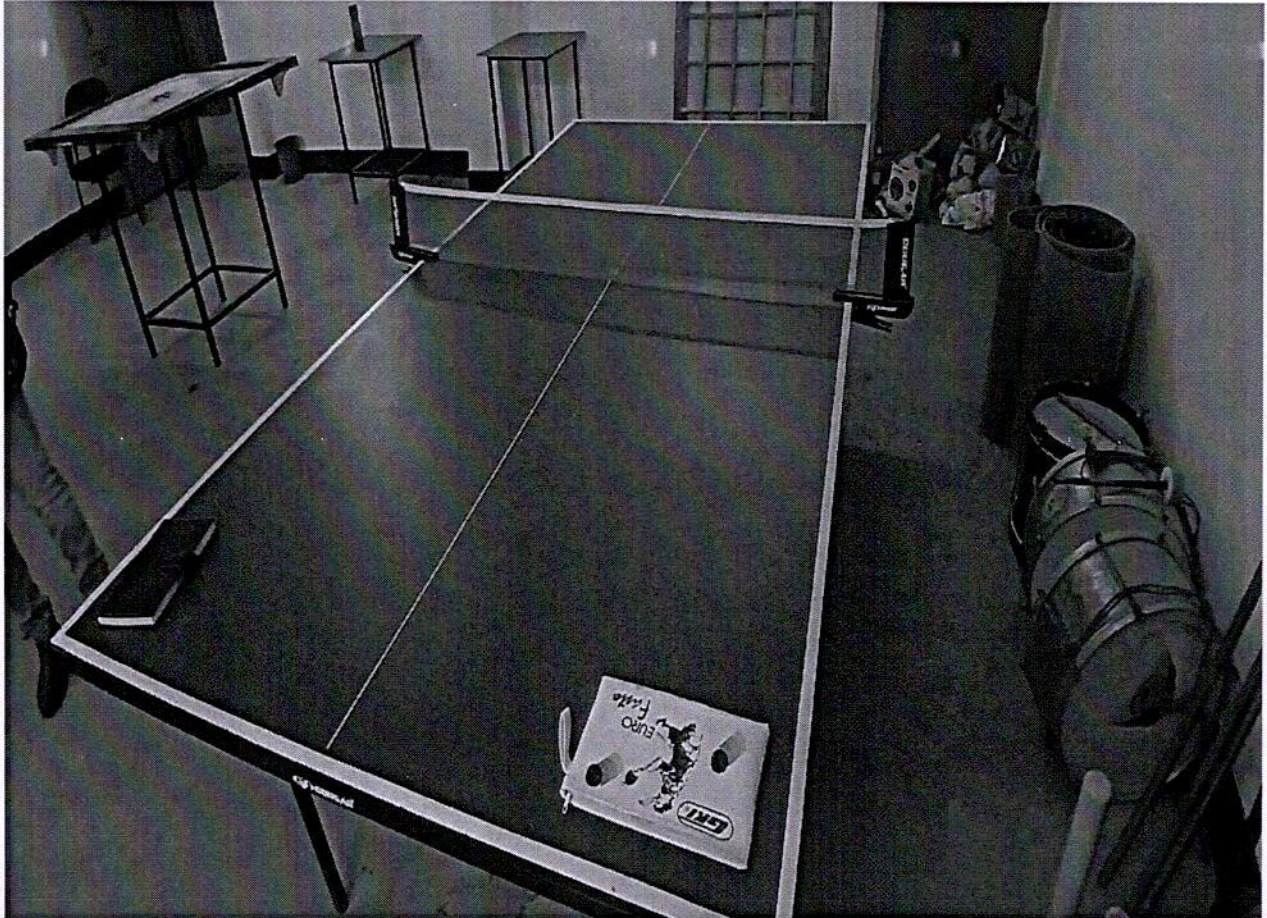




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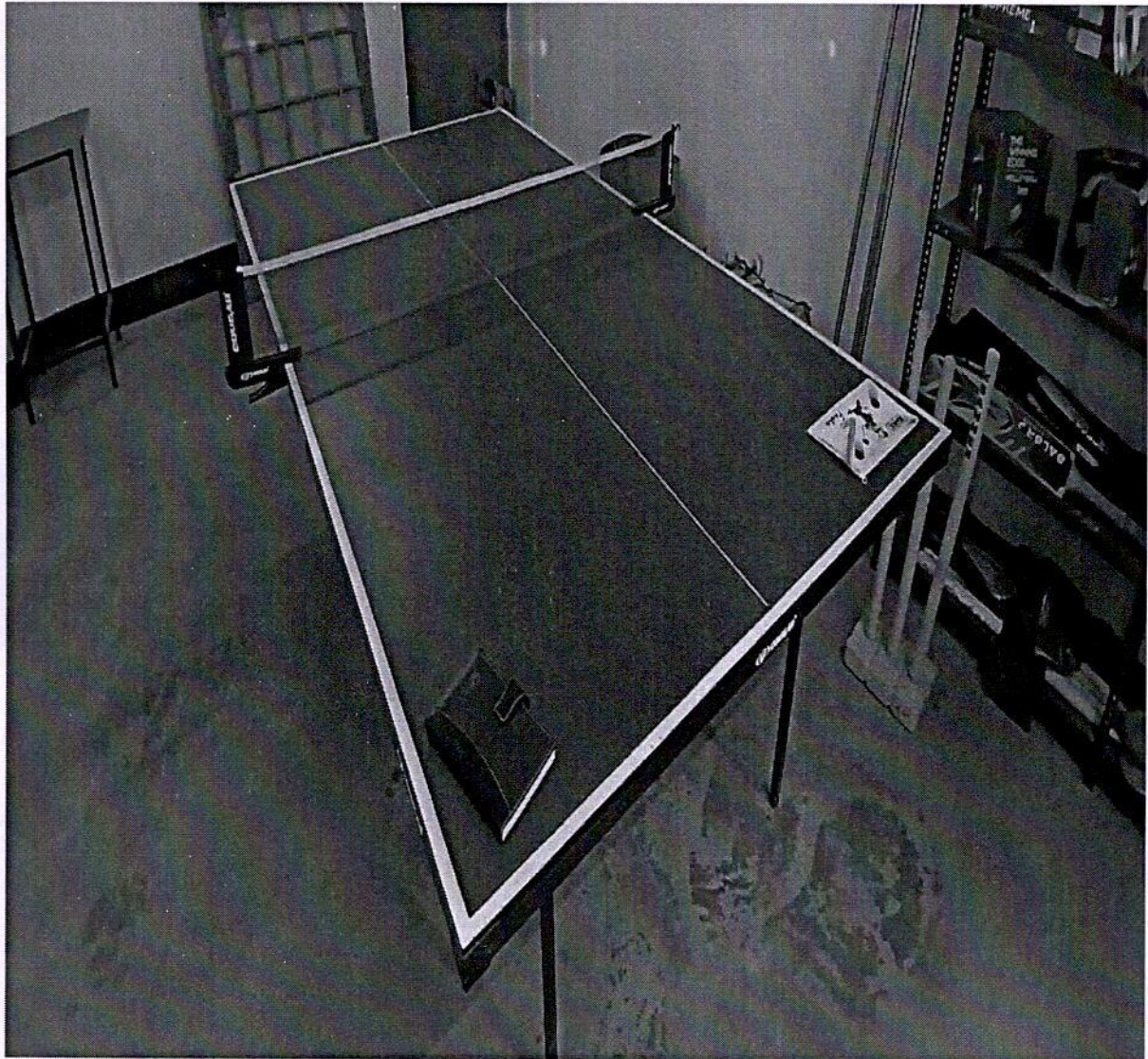




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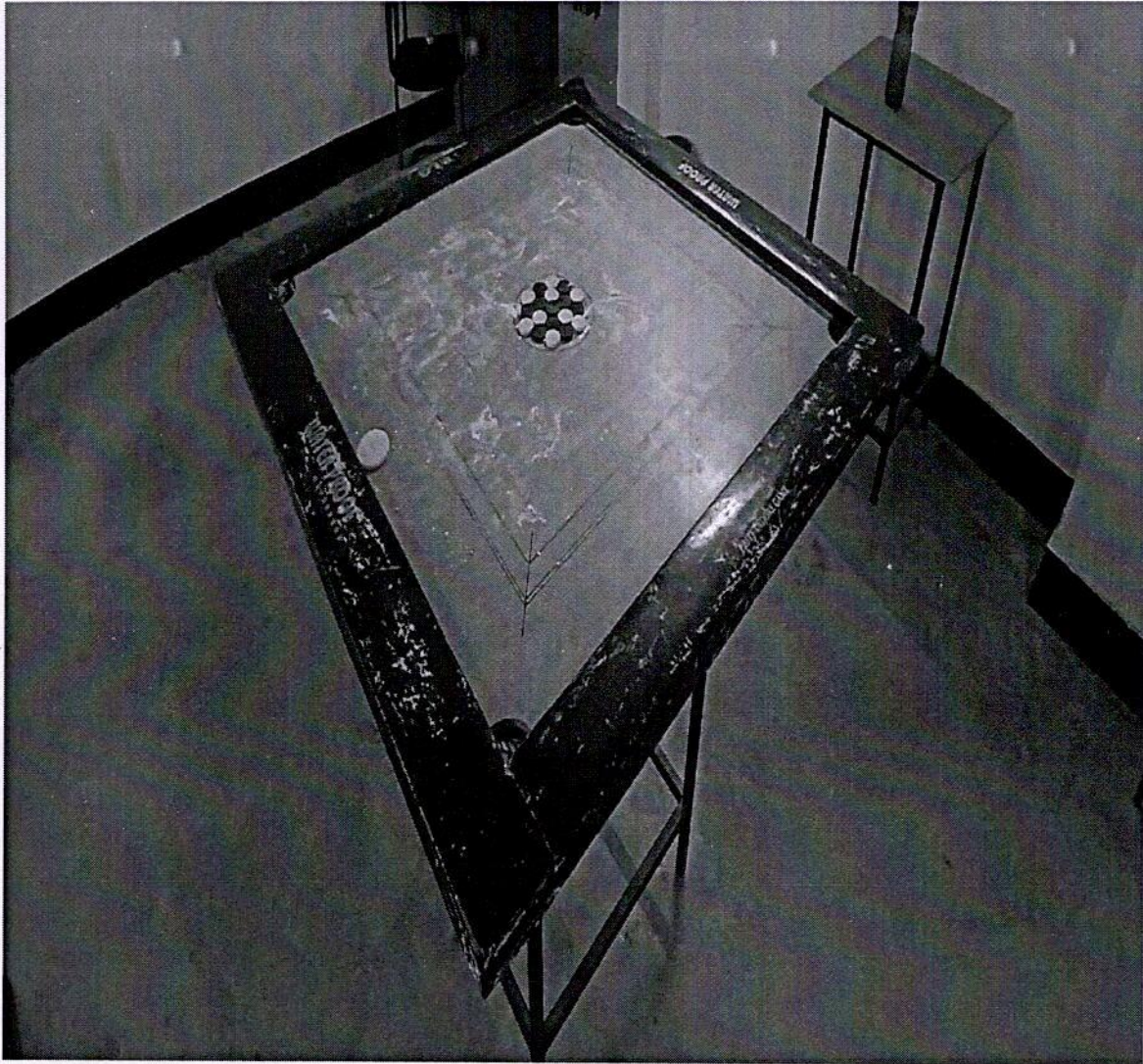


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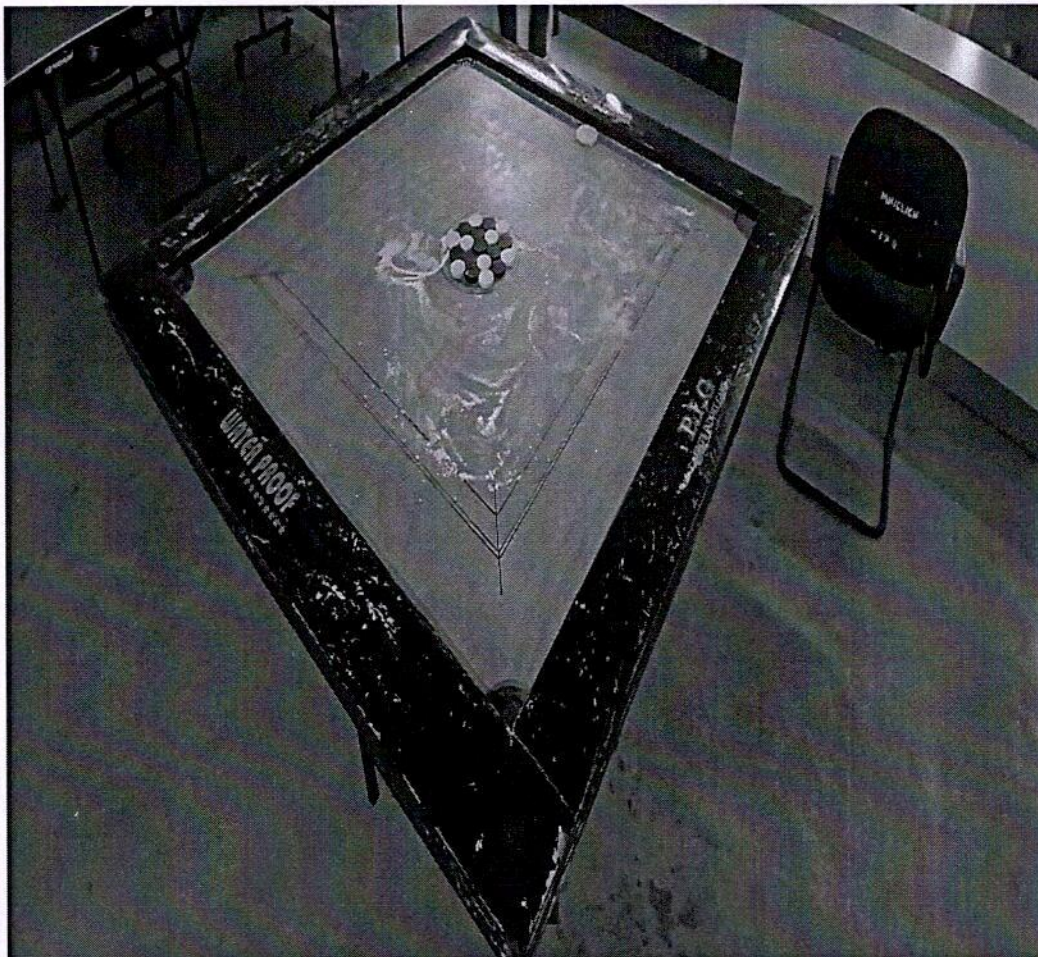


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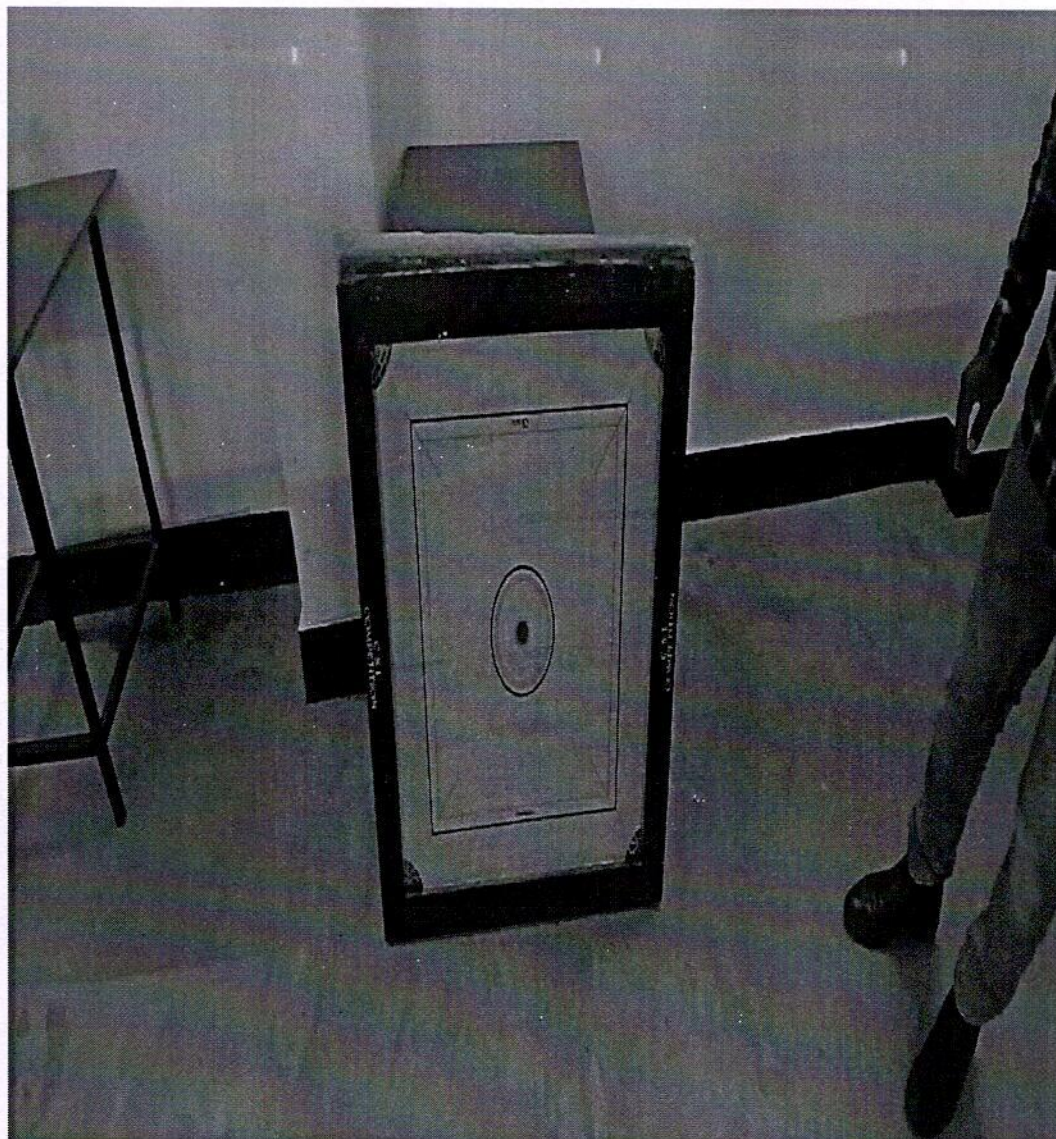


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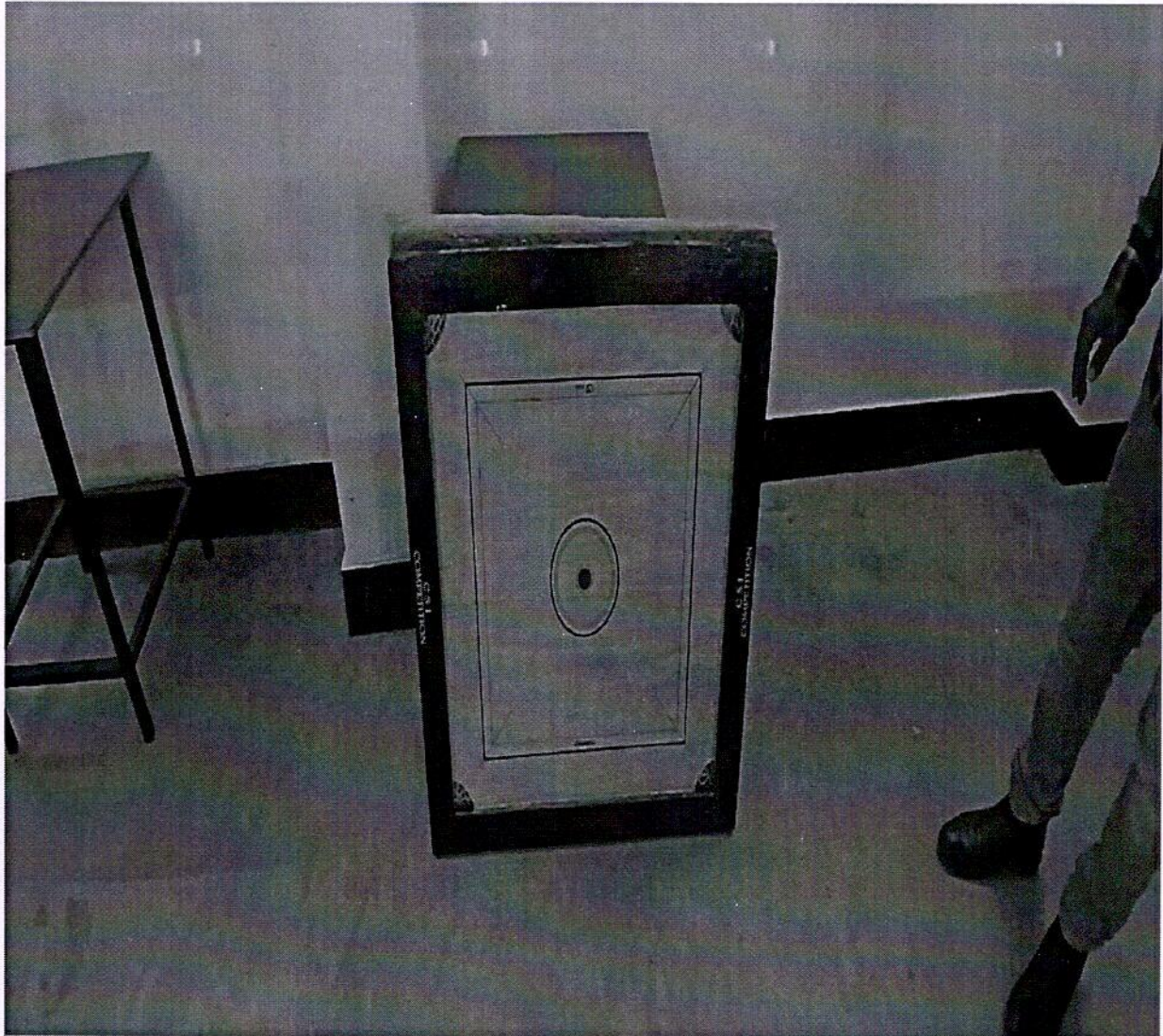




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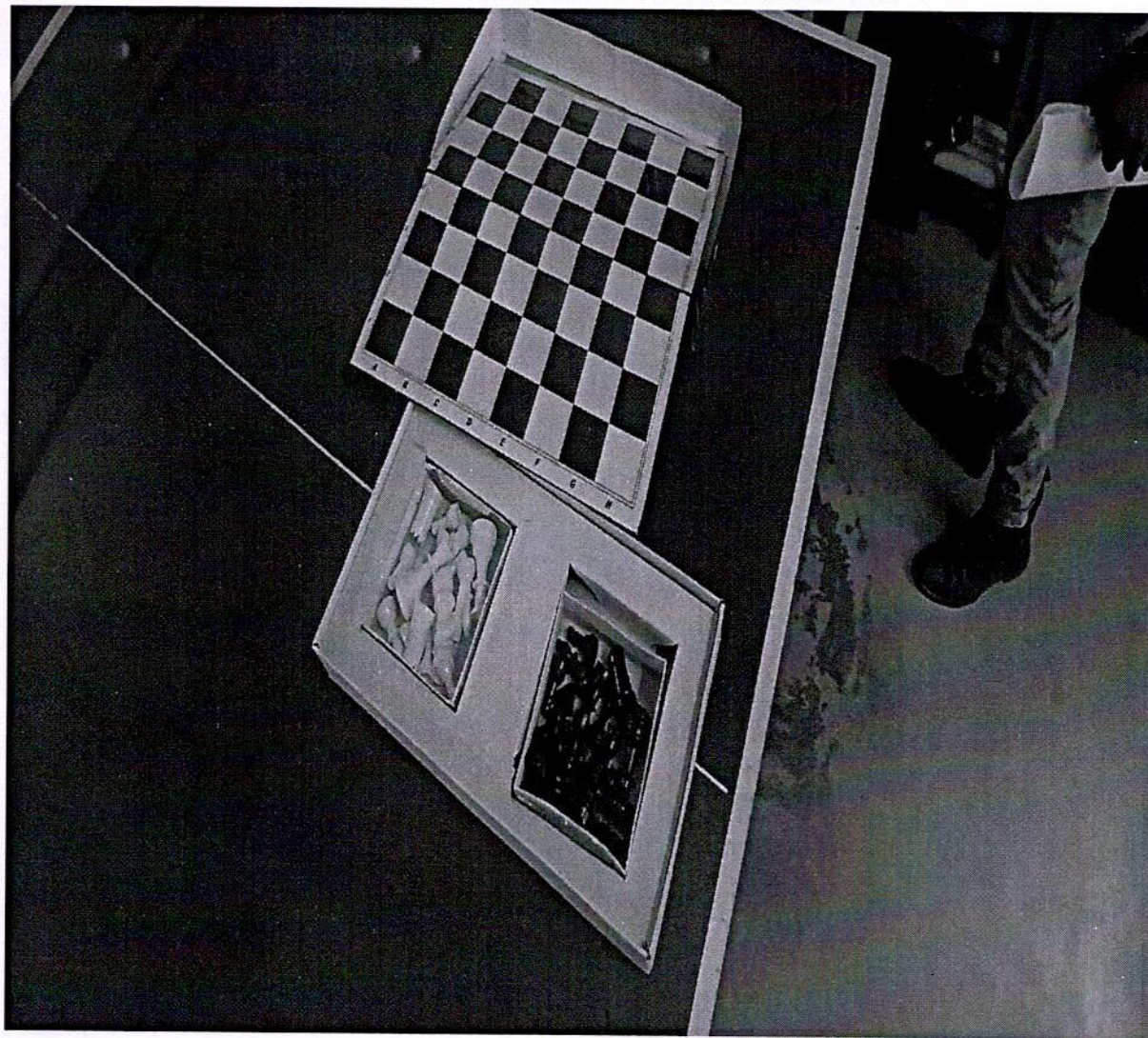


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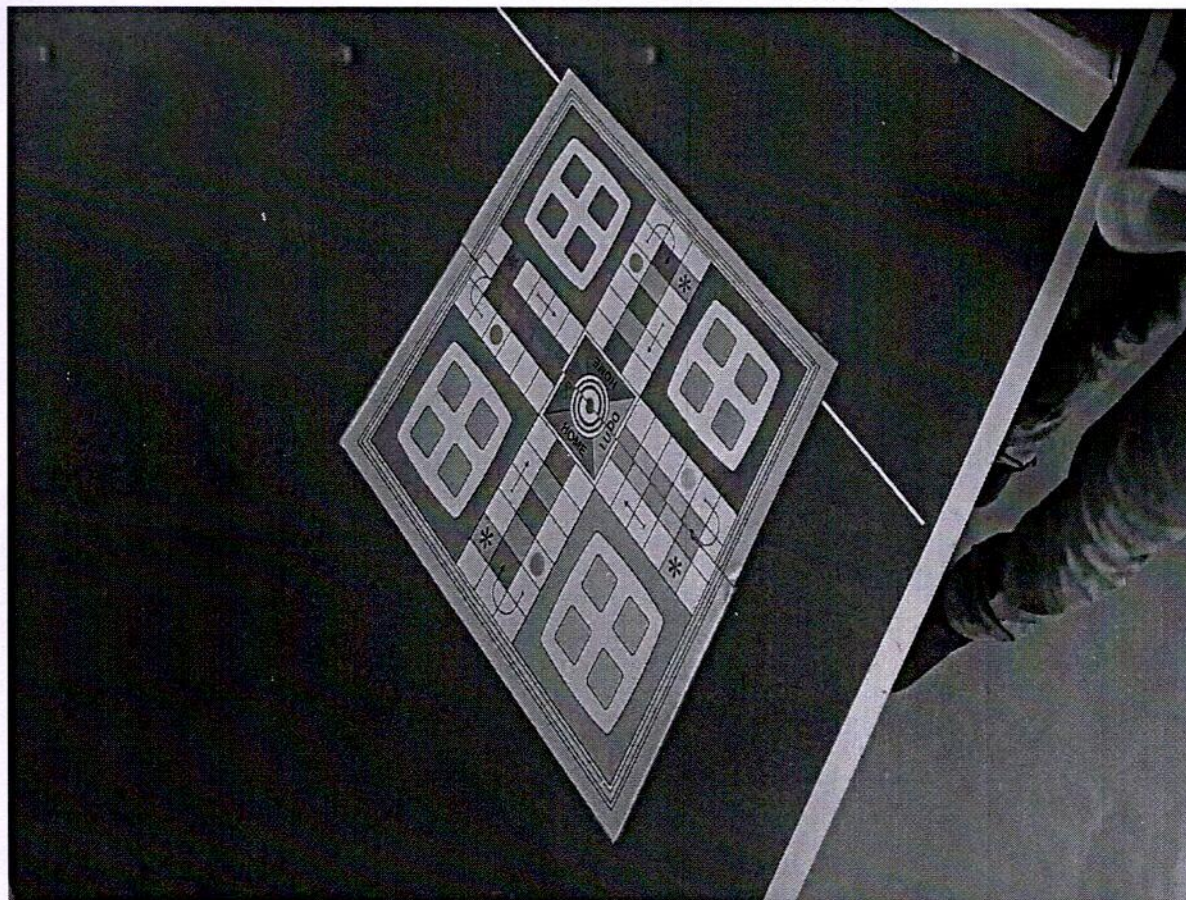




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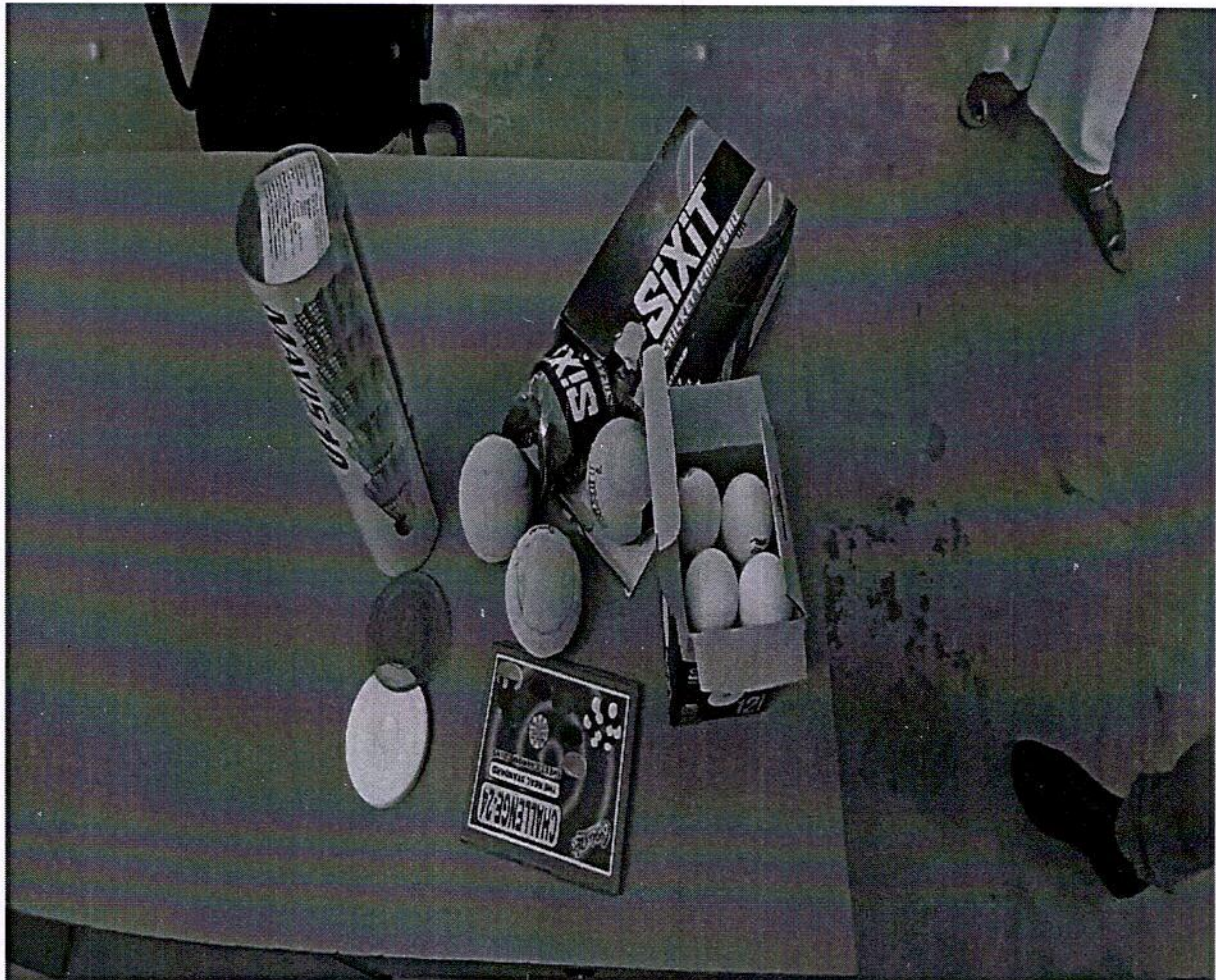




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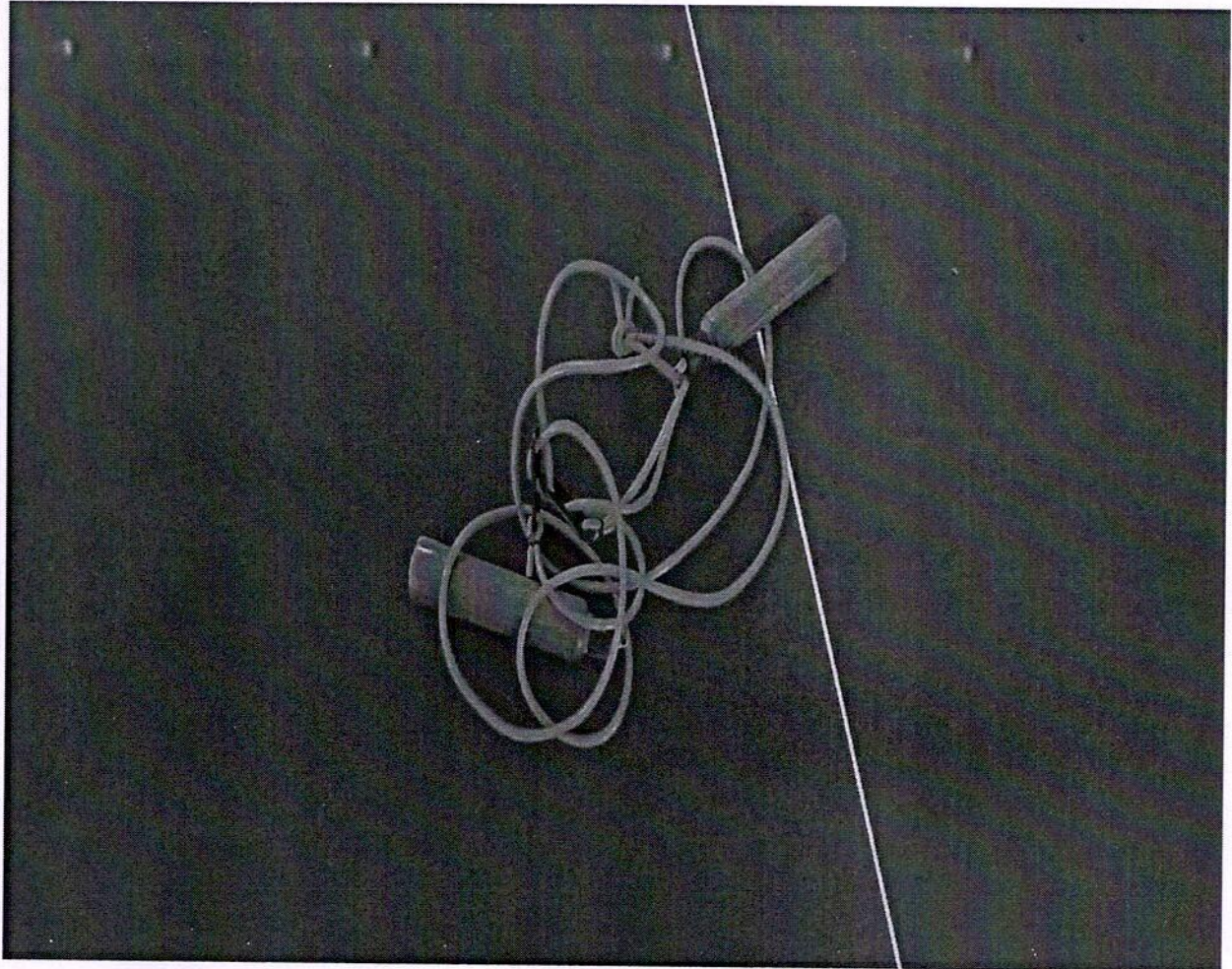
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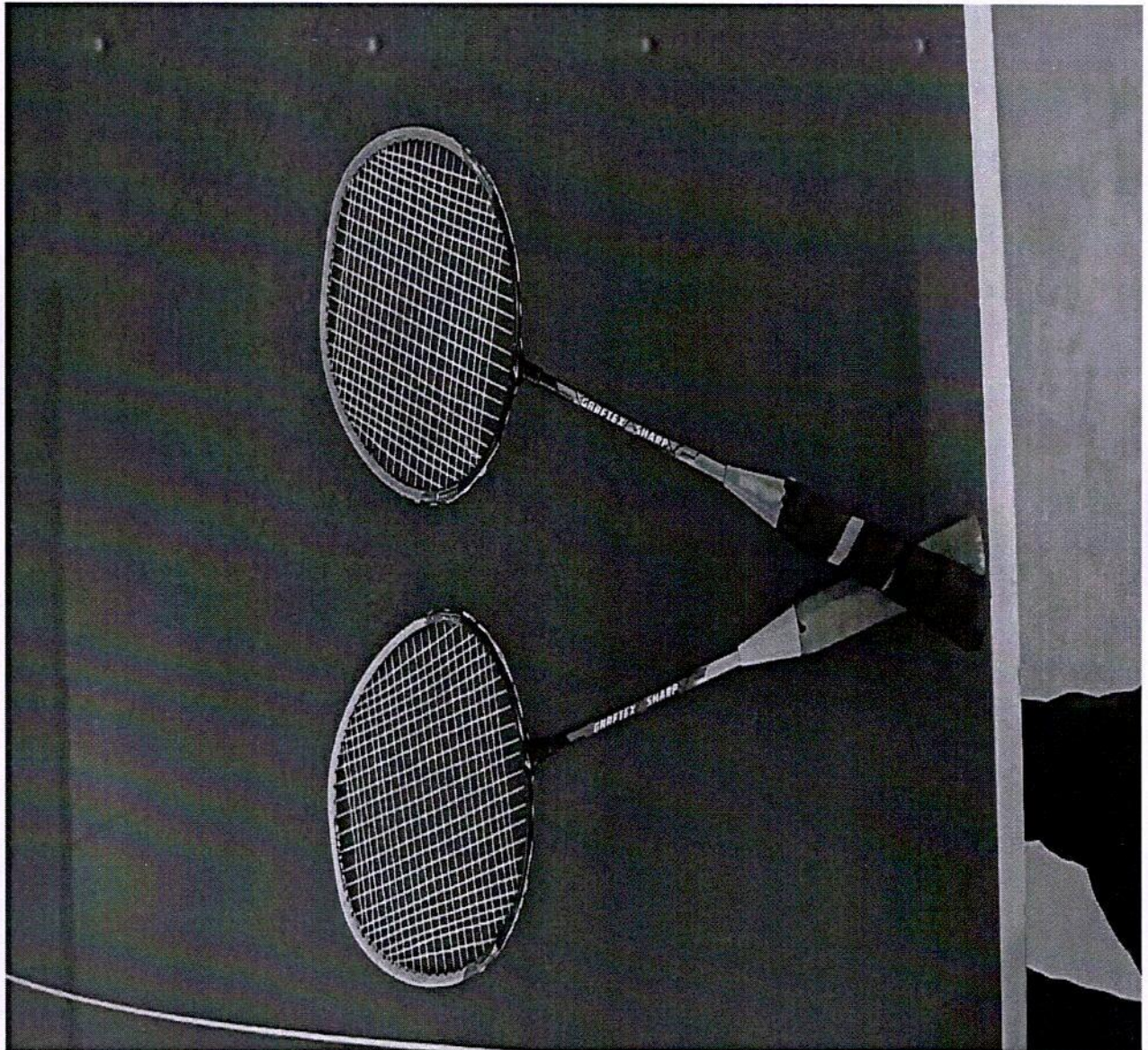


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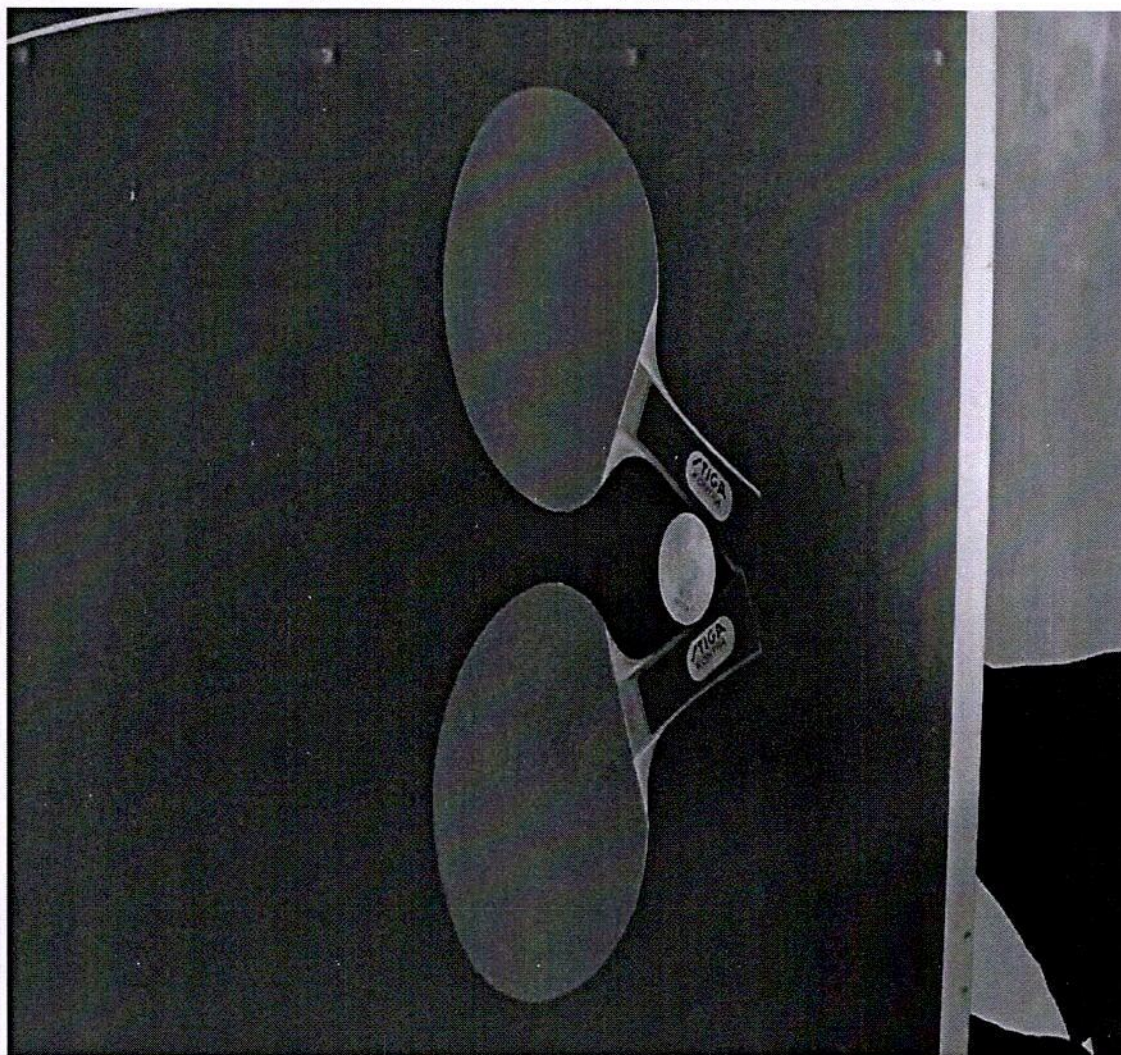
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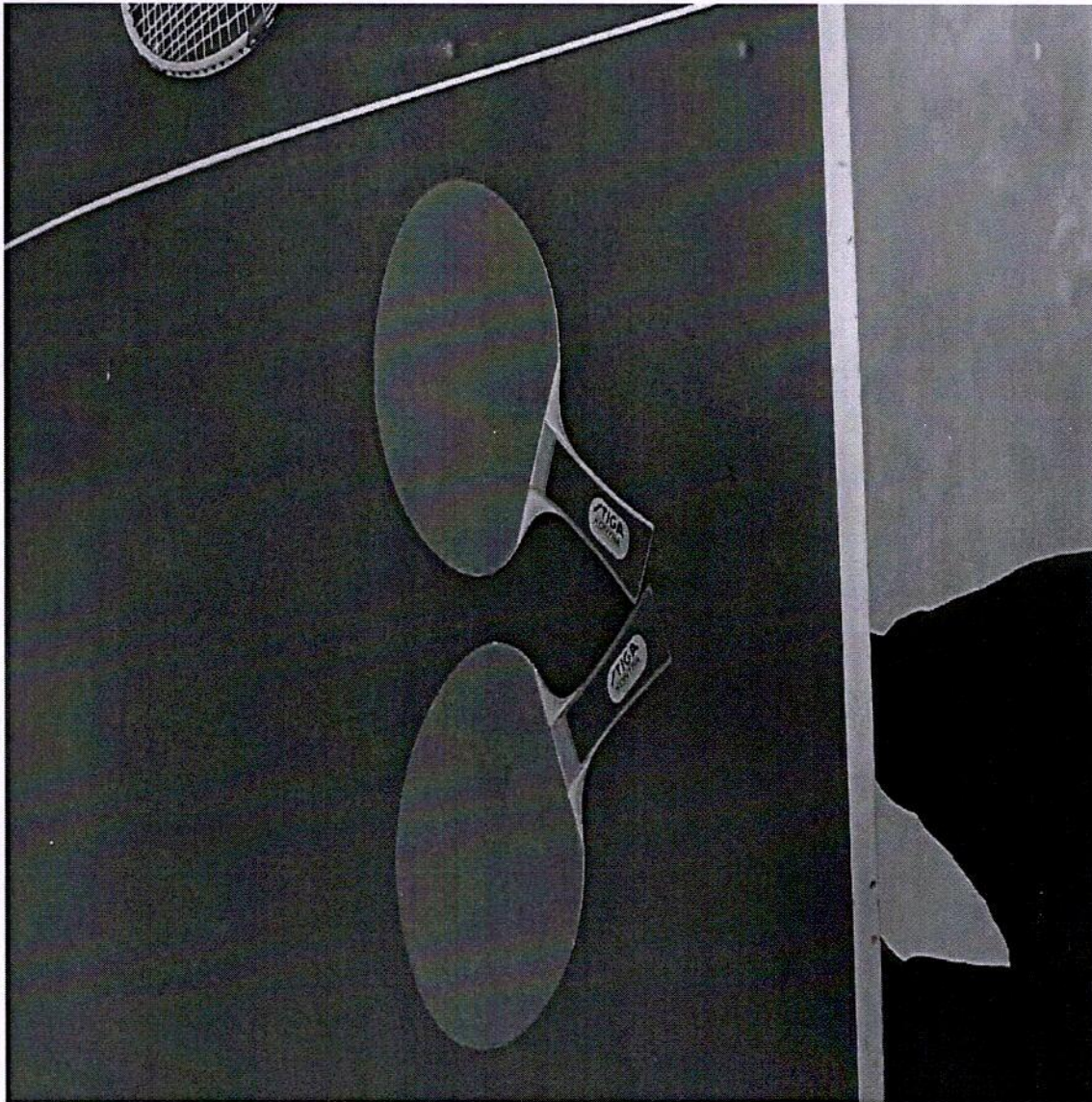


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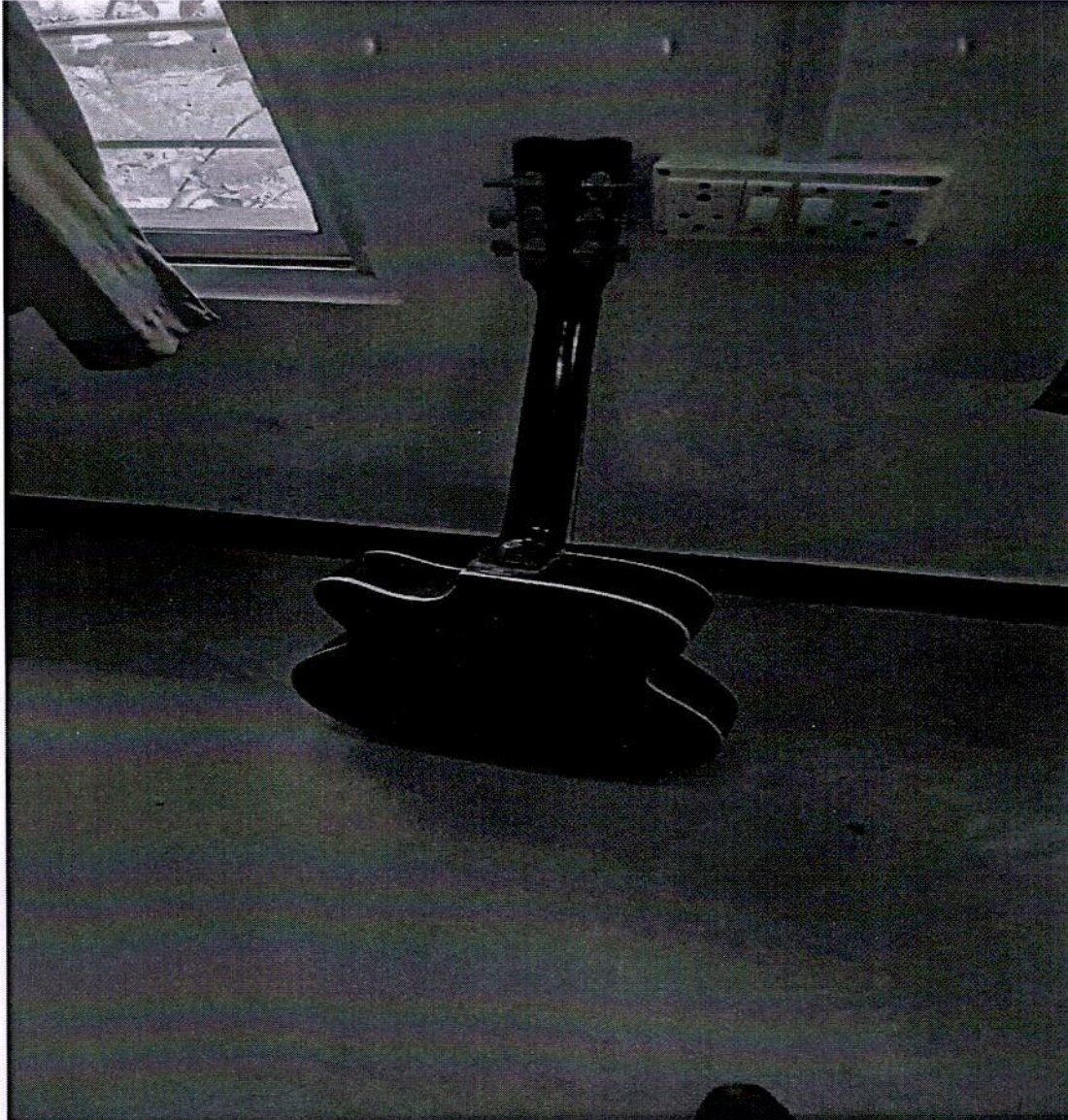


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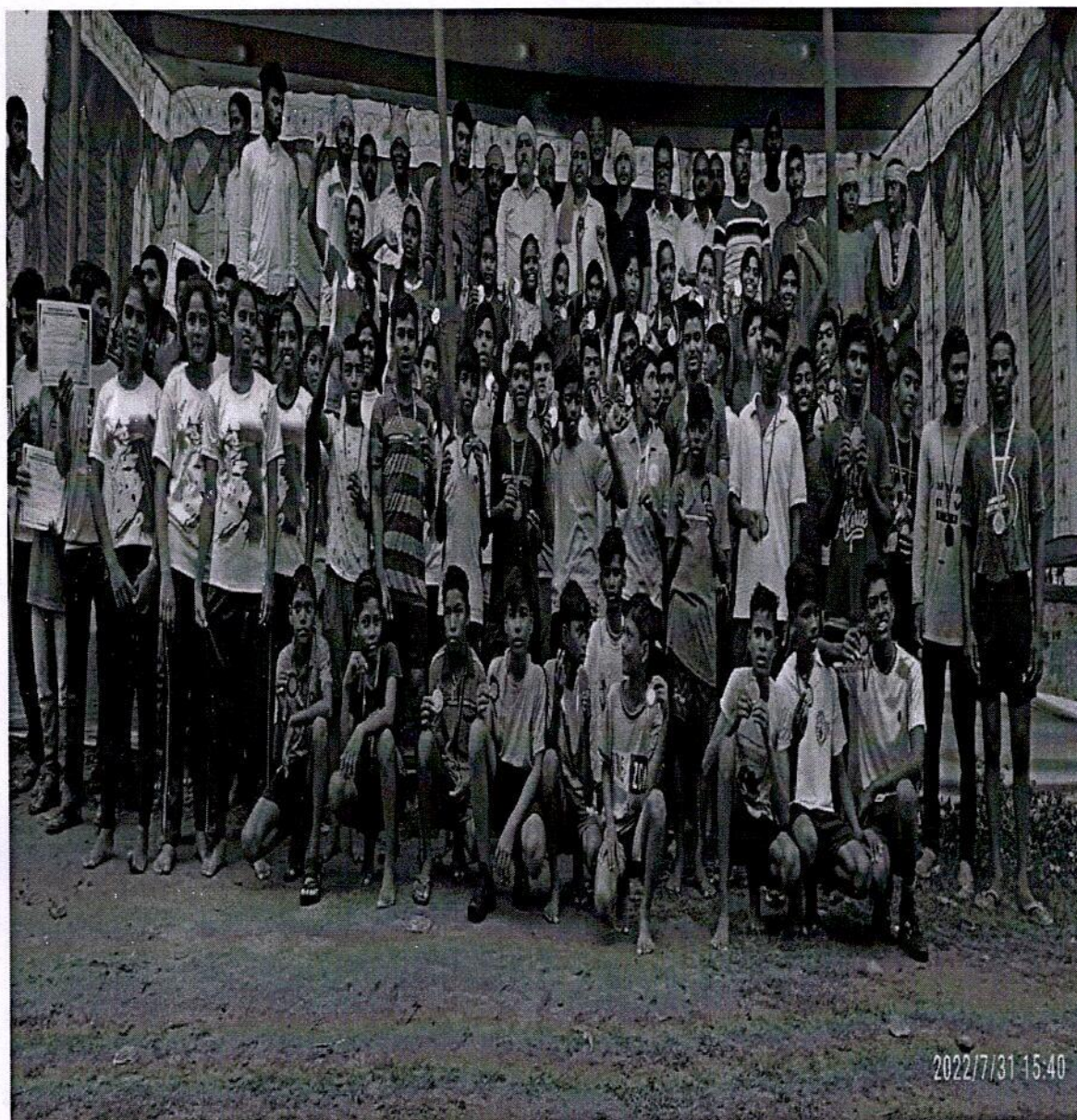
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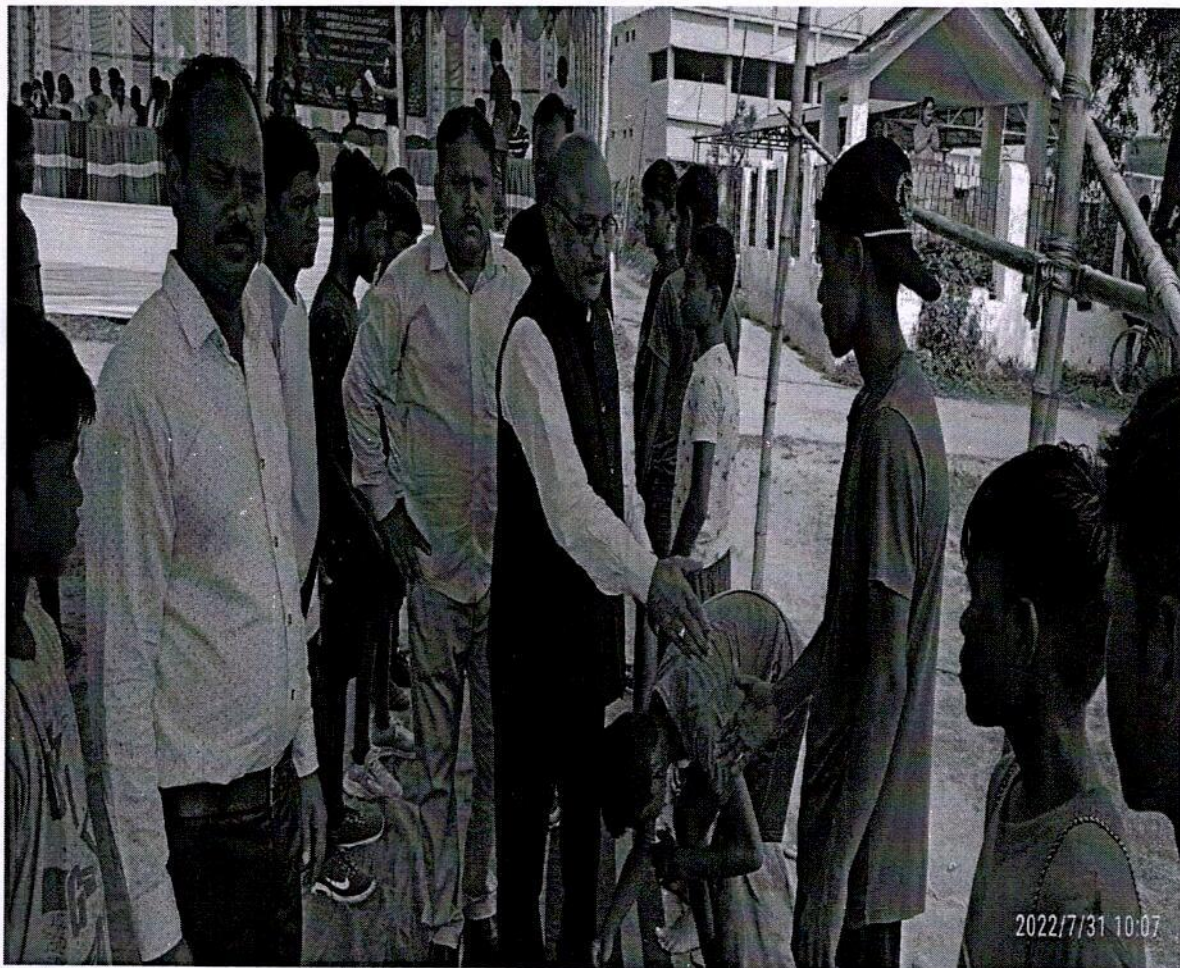
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As per Section 2(f) of UGC Act. 1956

## 4.1.2. SPORTS PHOTOGRAPHS







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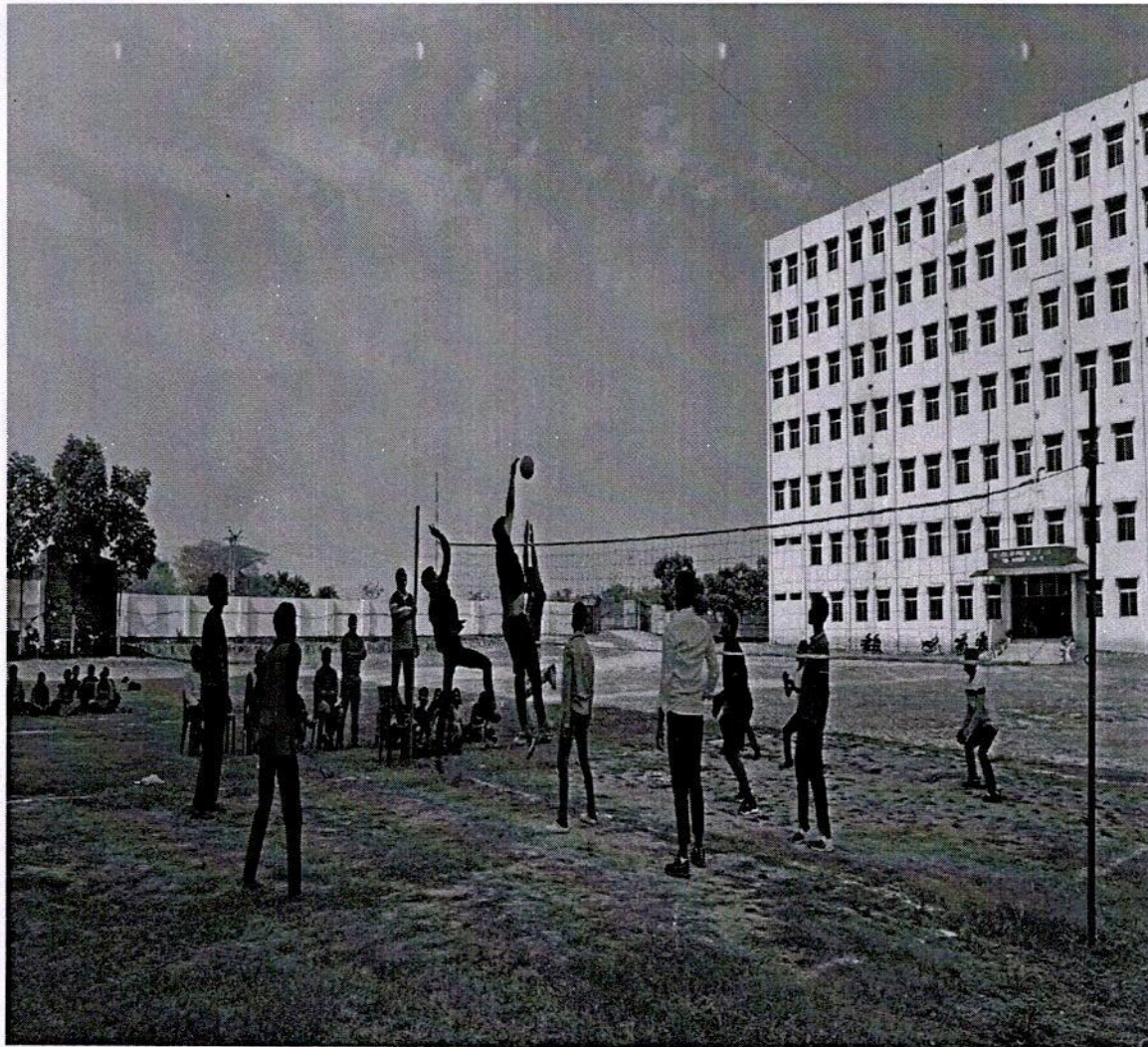




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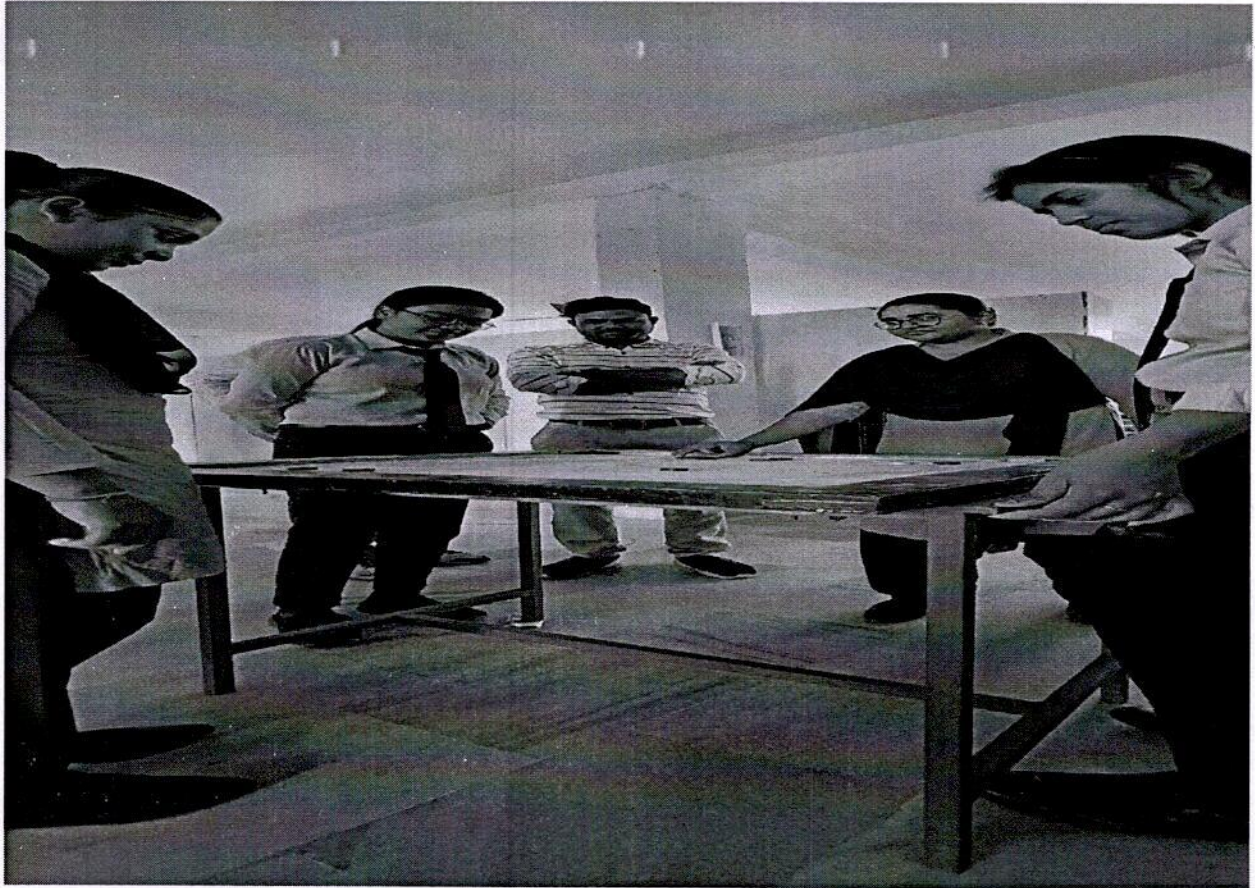




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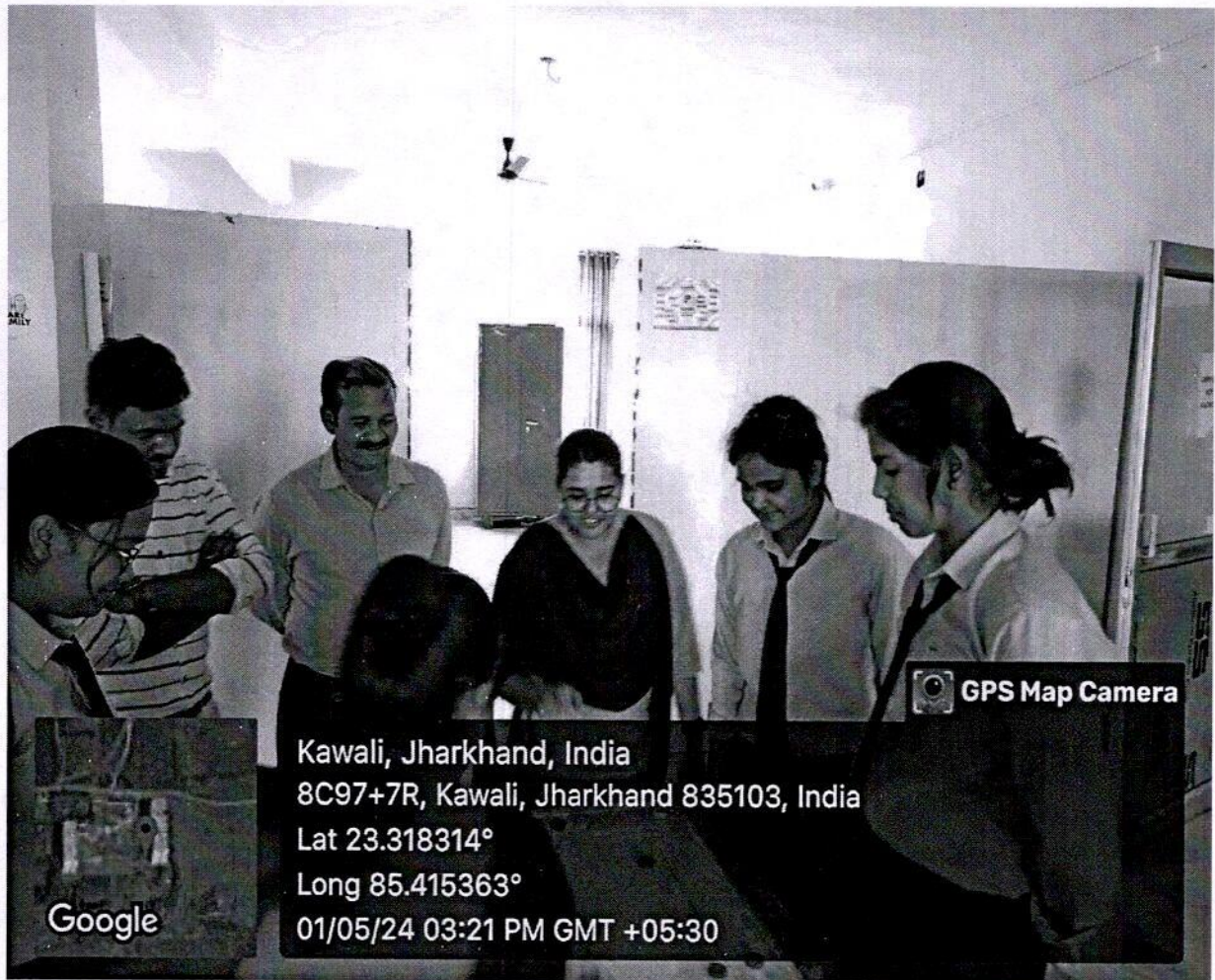




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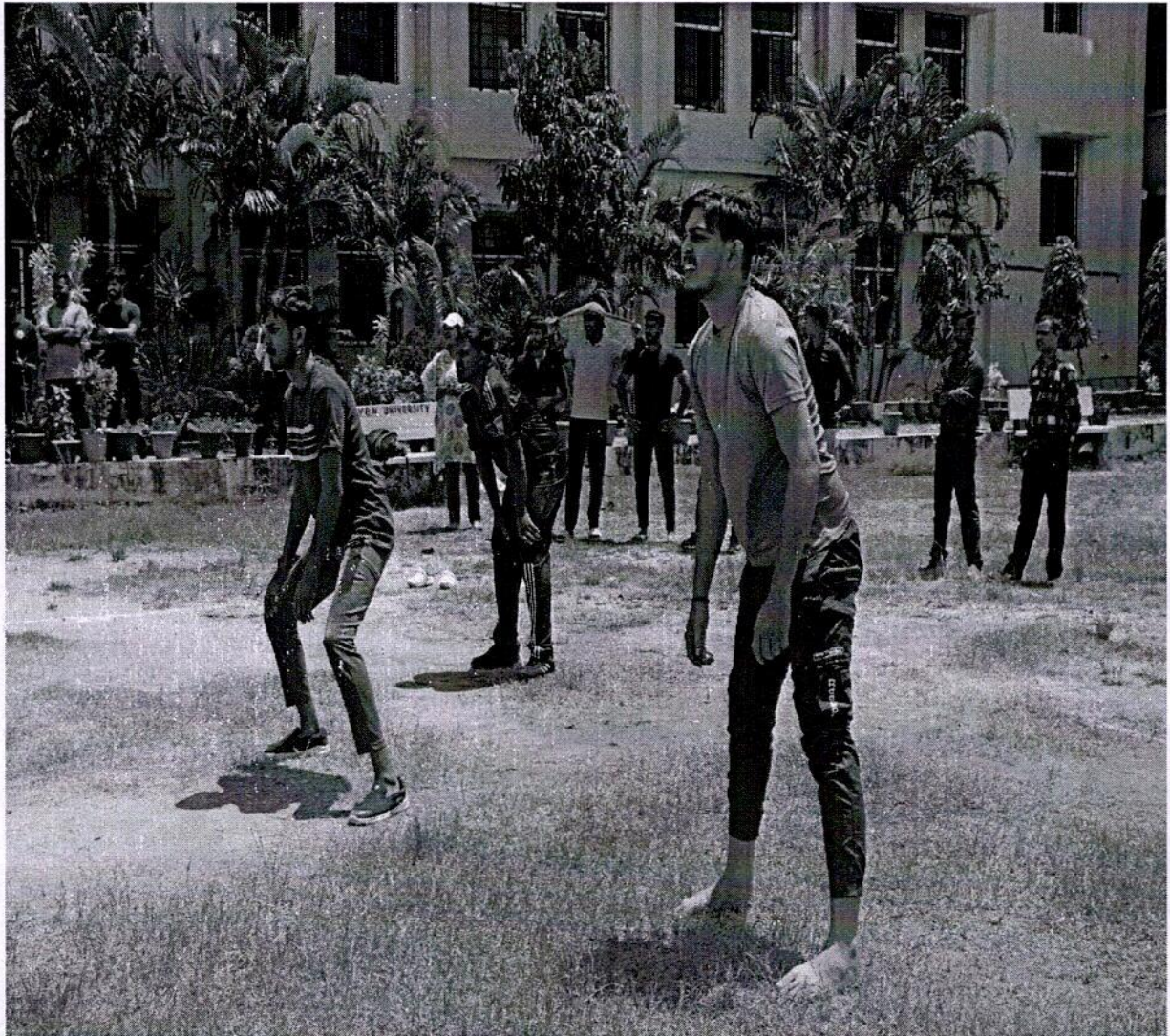
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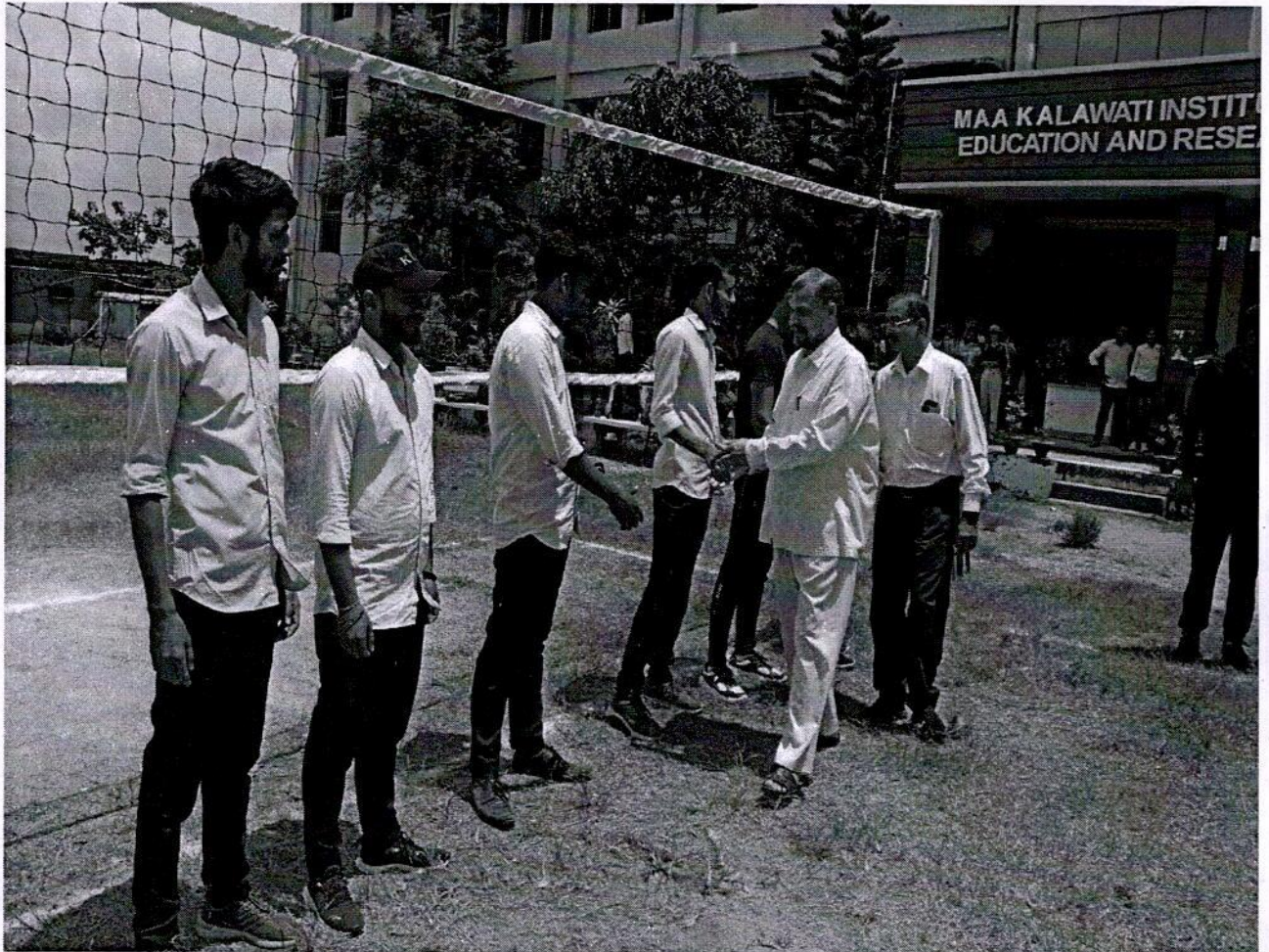




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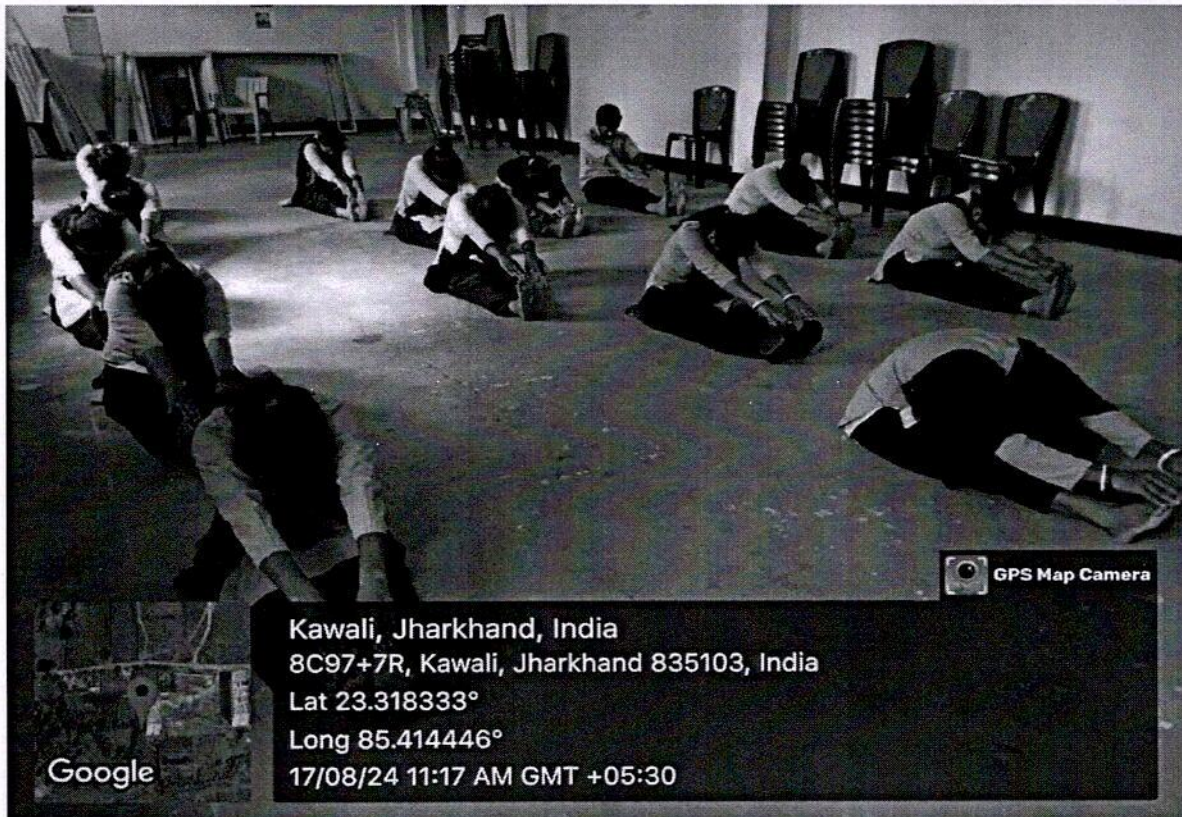
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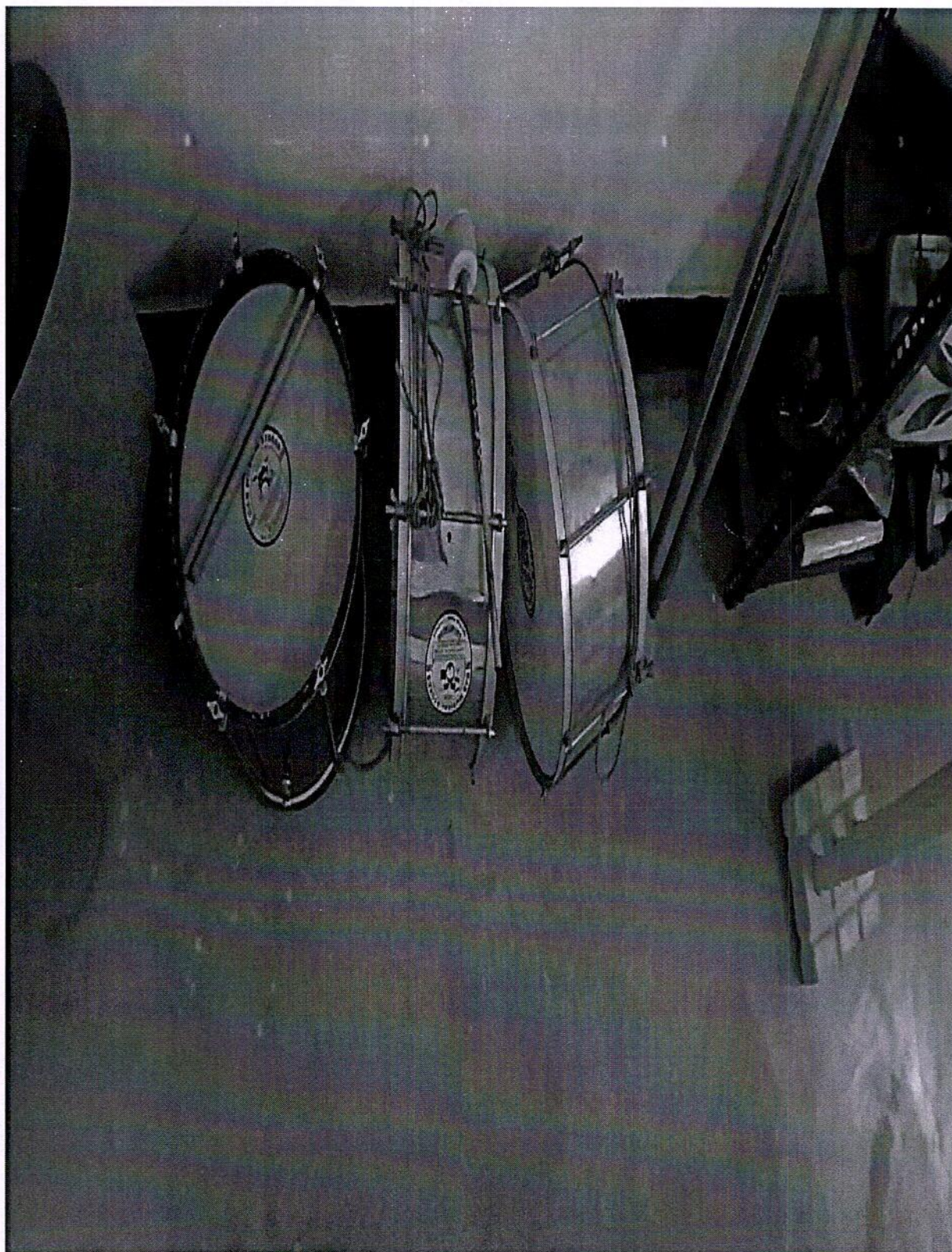
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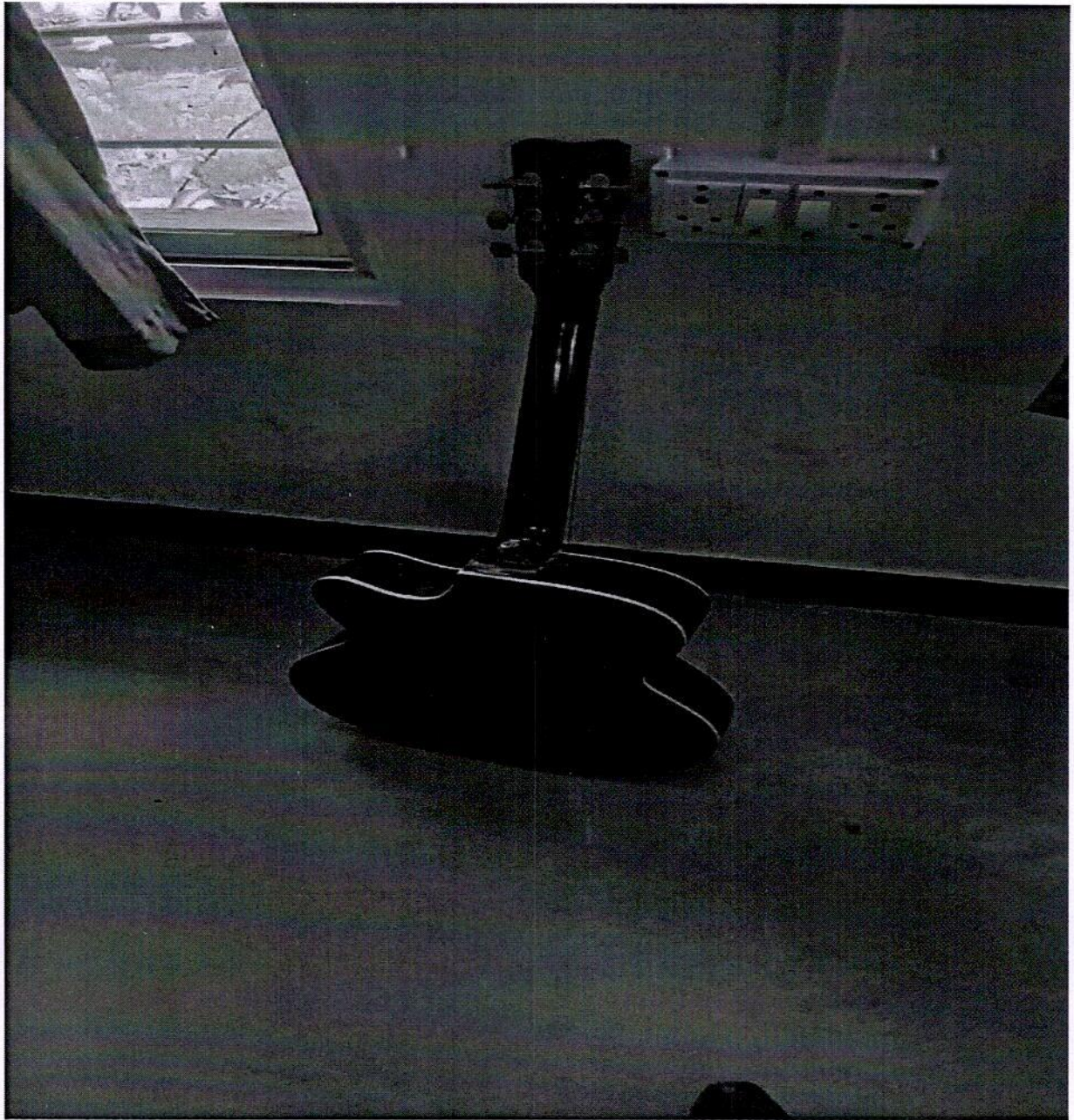


#### 4.1.2. YBN UNIVERSITY CULTURAL PHOTOGRAPHS



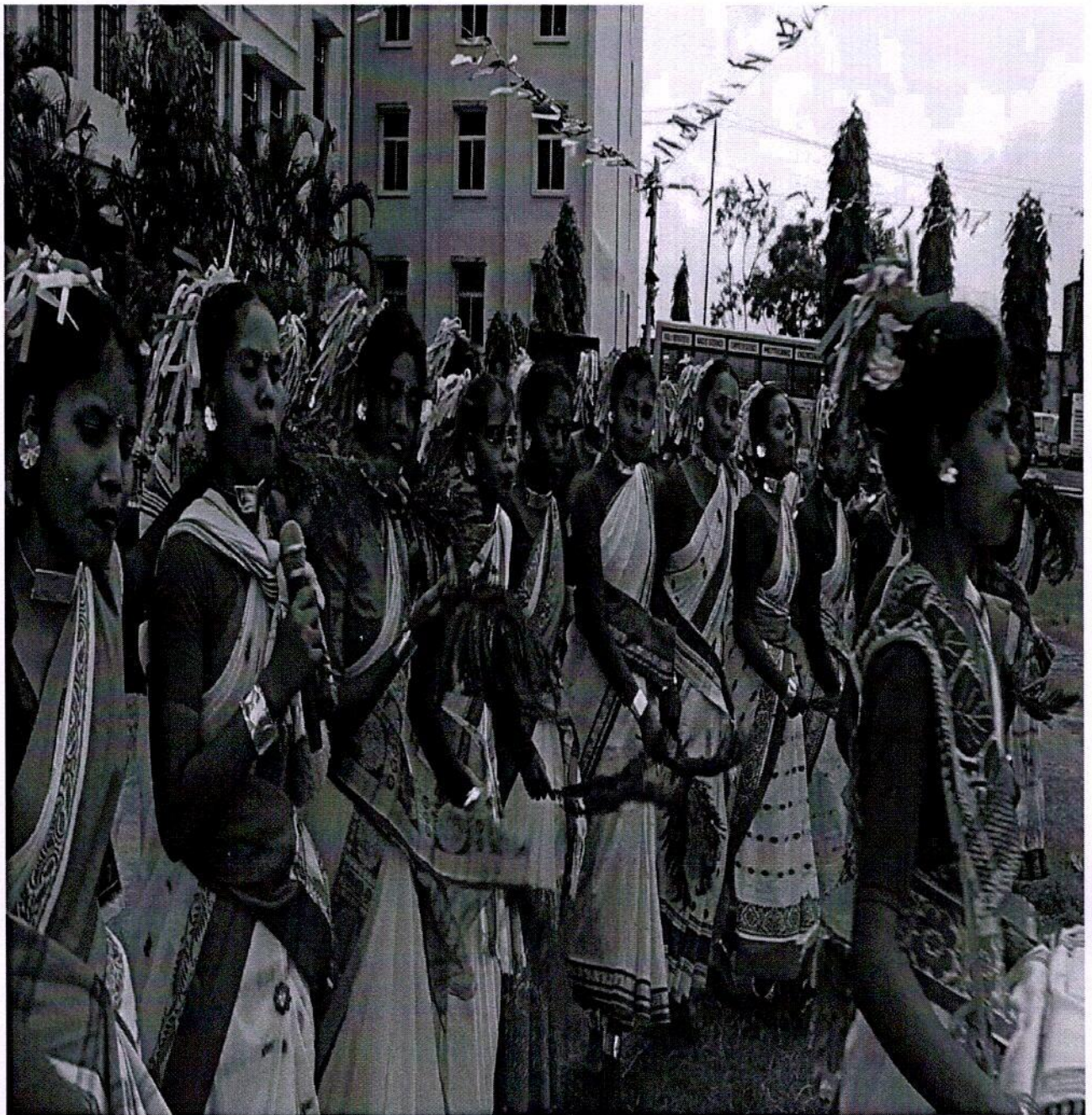


#### 4.1.2. YBN UNIVERSITY CULTURAL PHOTOGRAPHS





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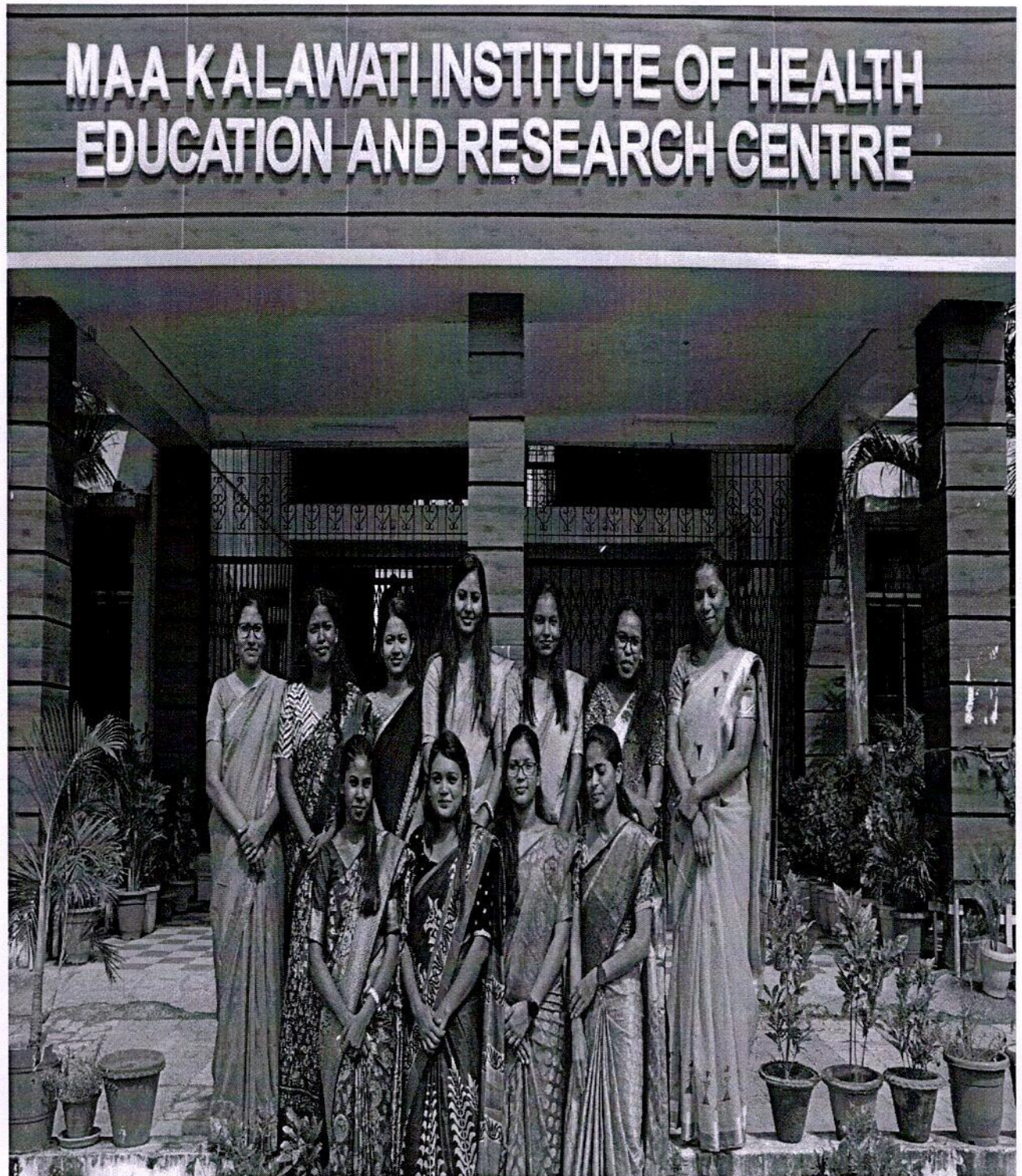


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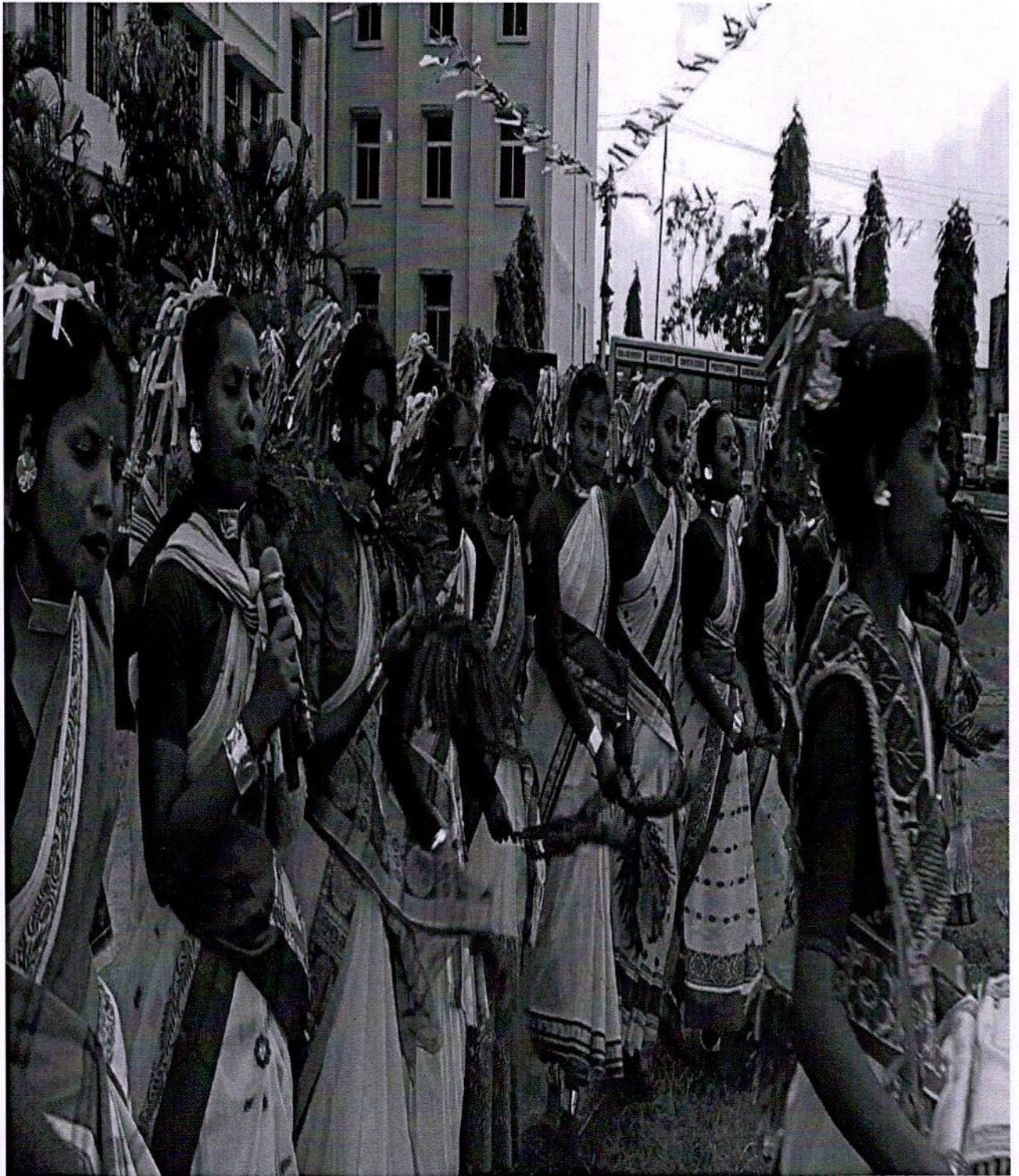


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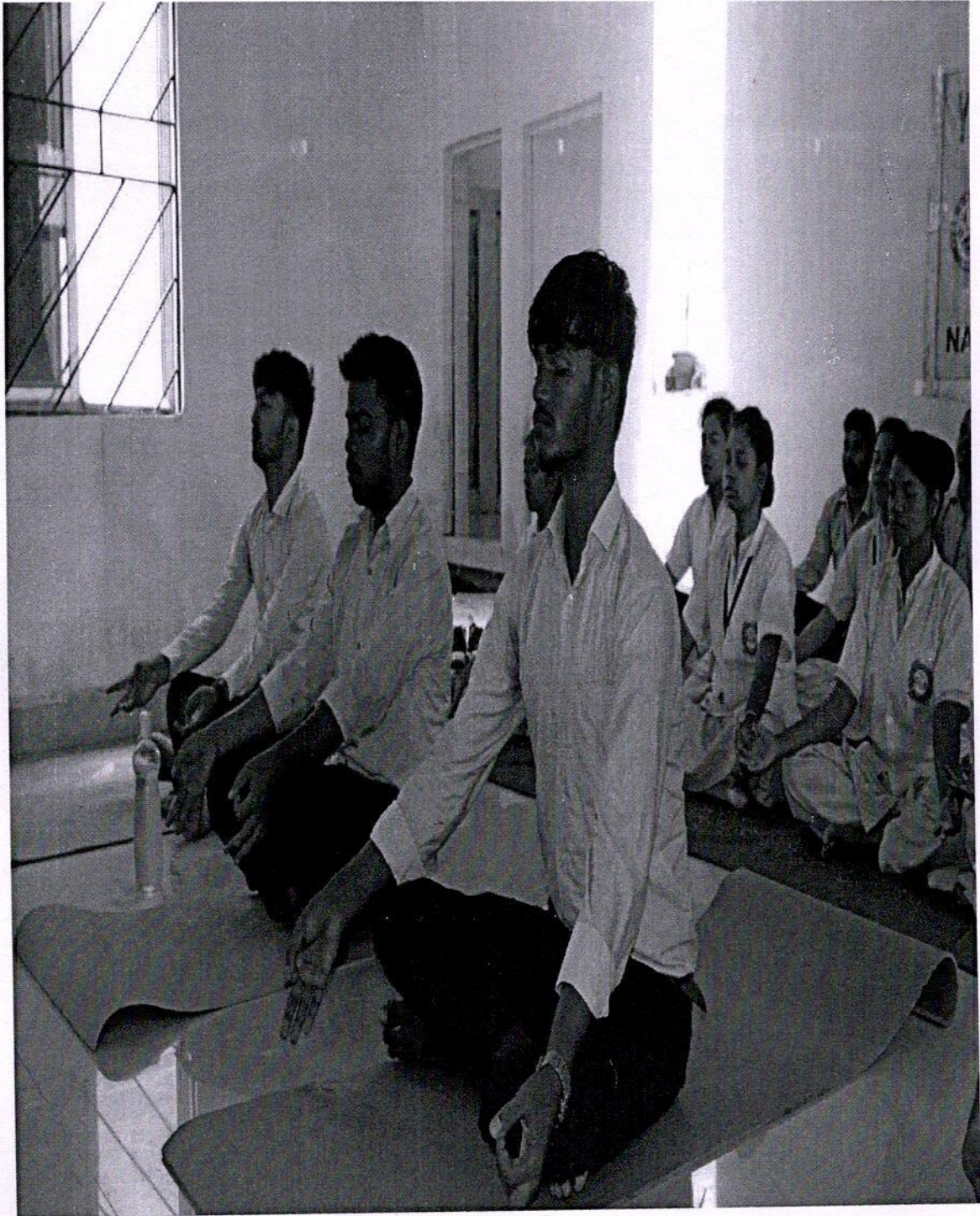


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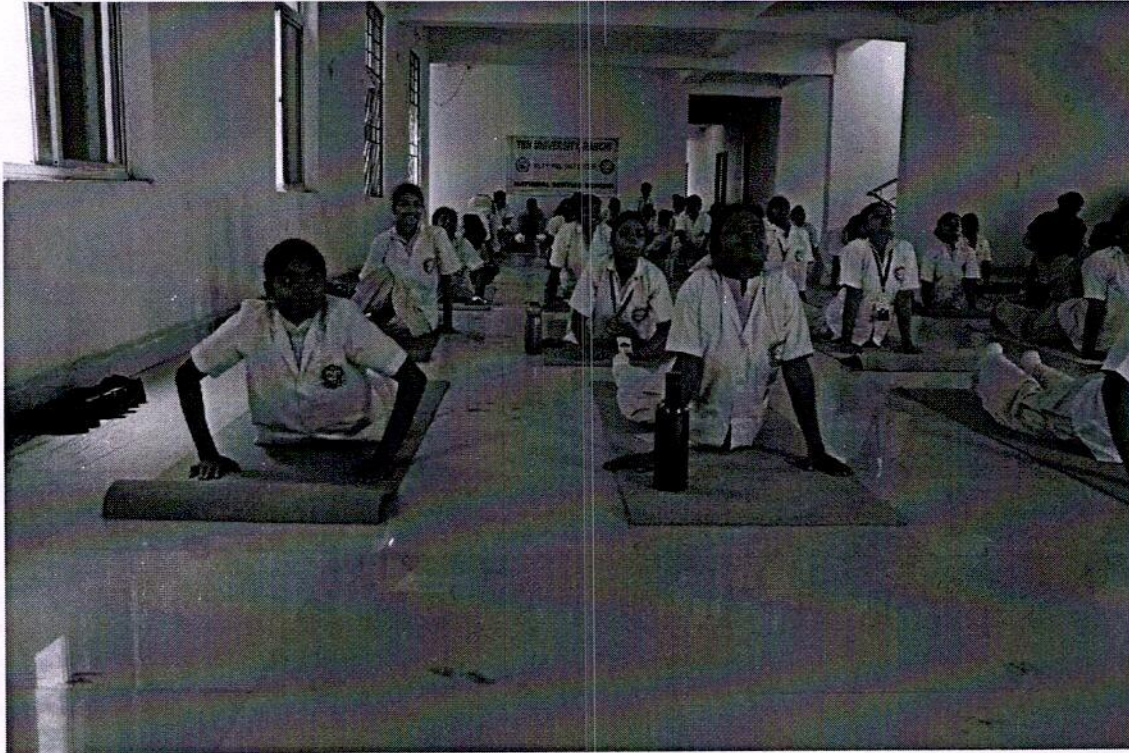


#### 4.1.2. YBN University Yoga Photographs





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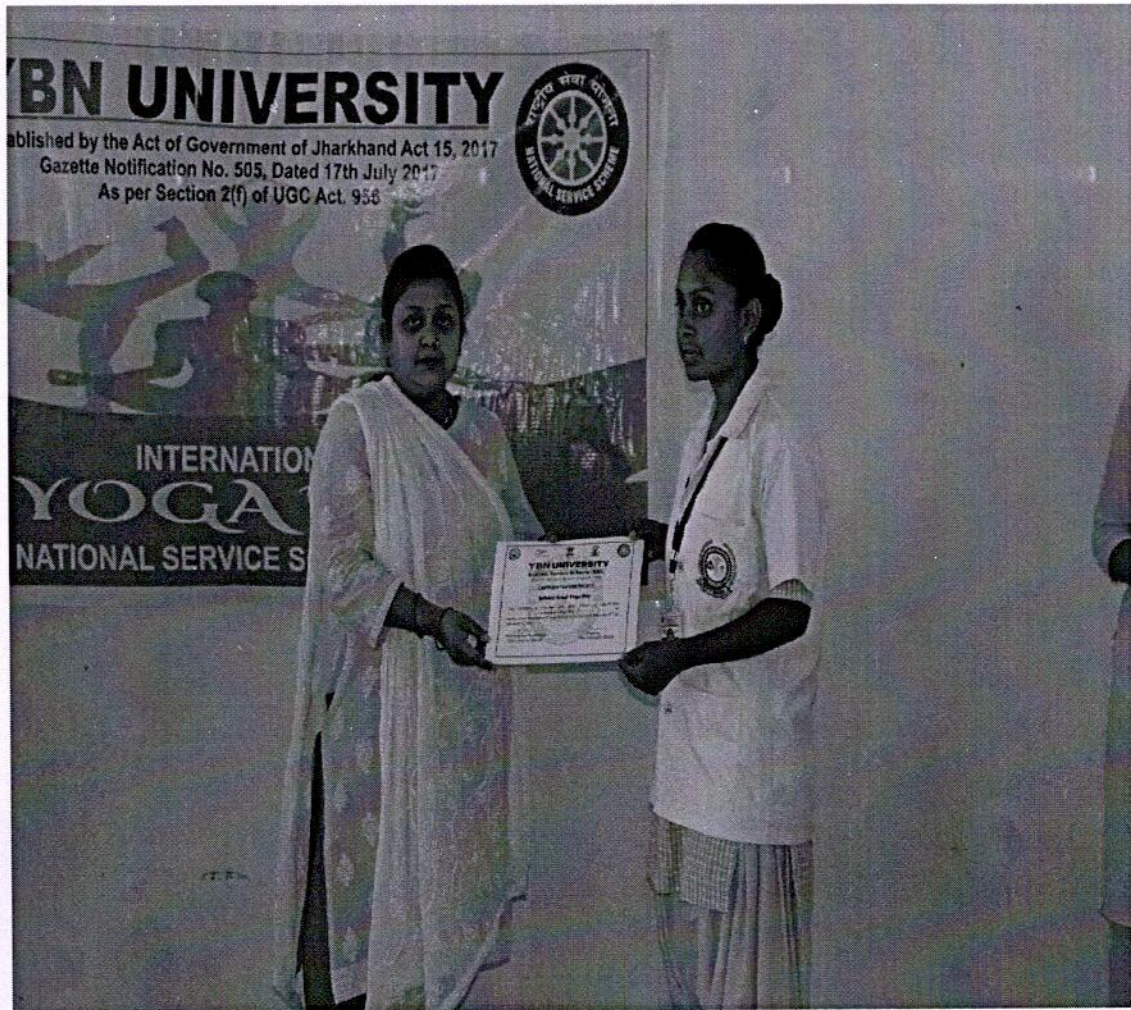


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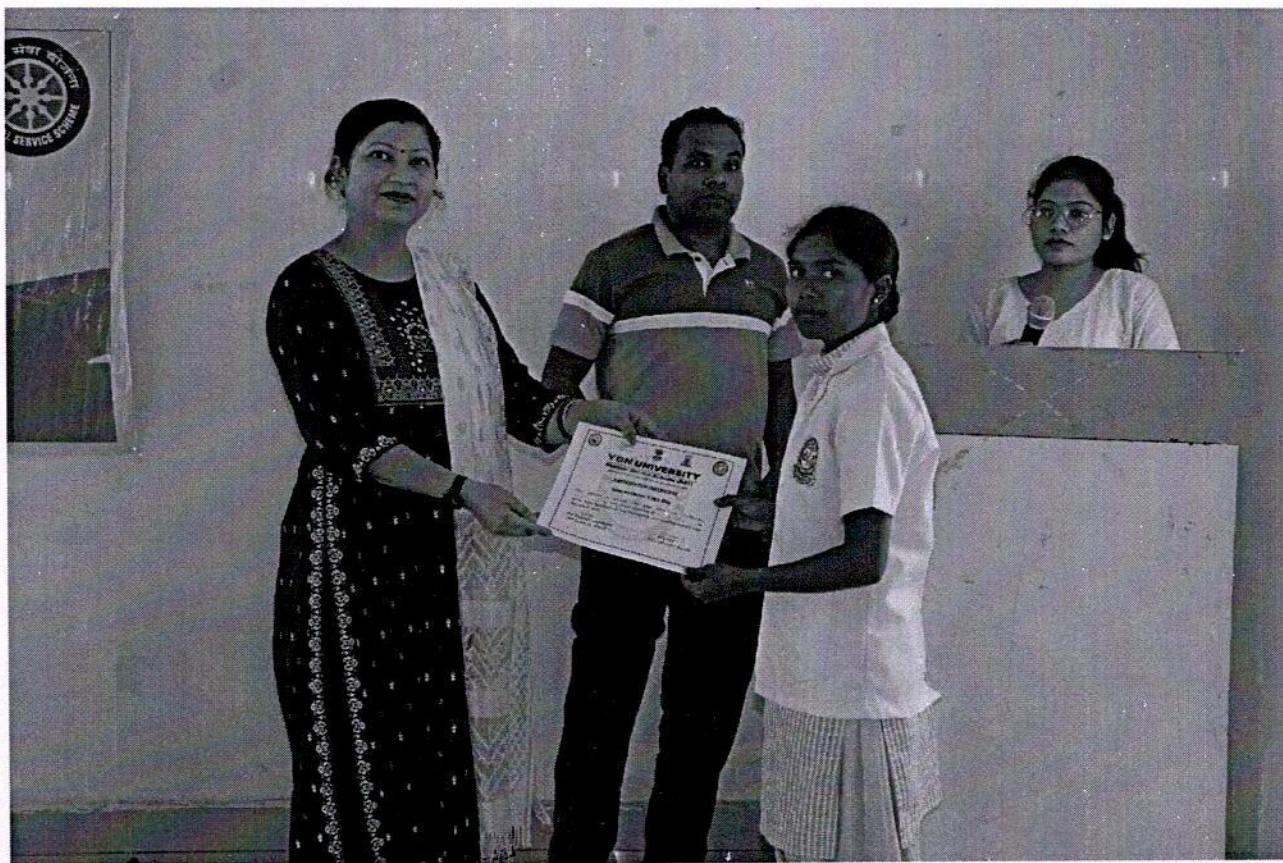


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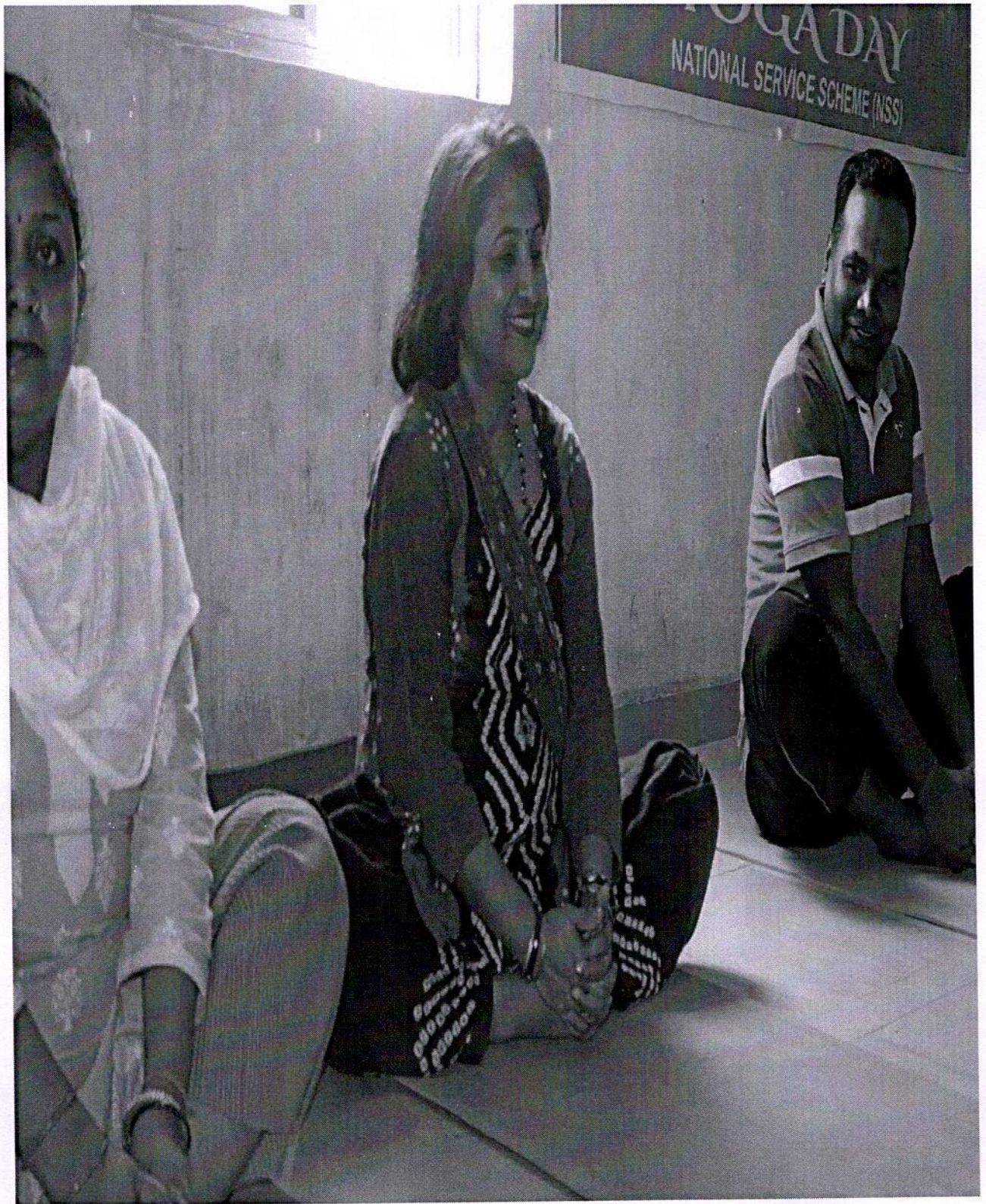


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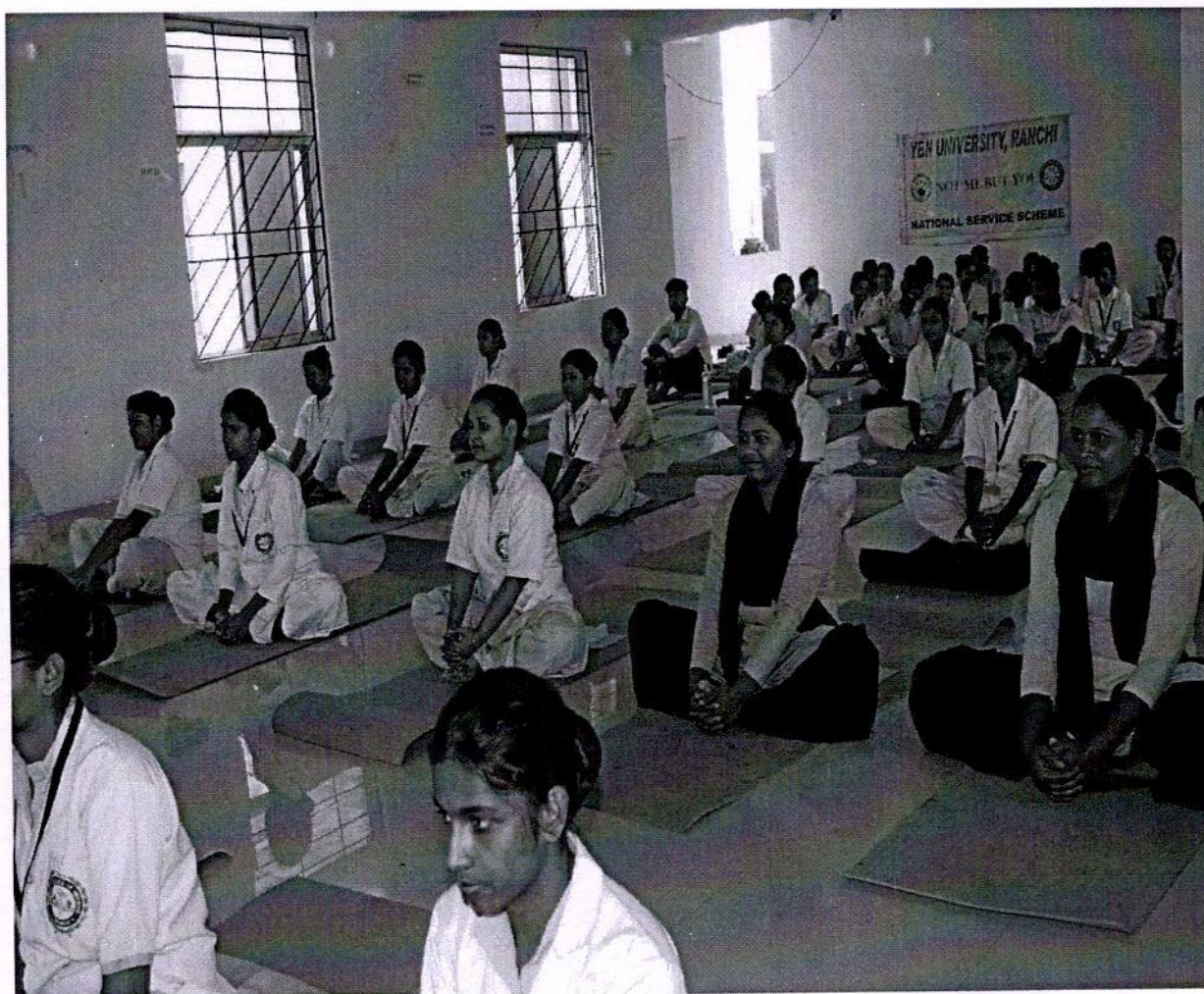


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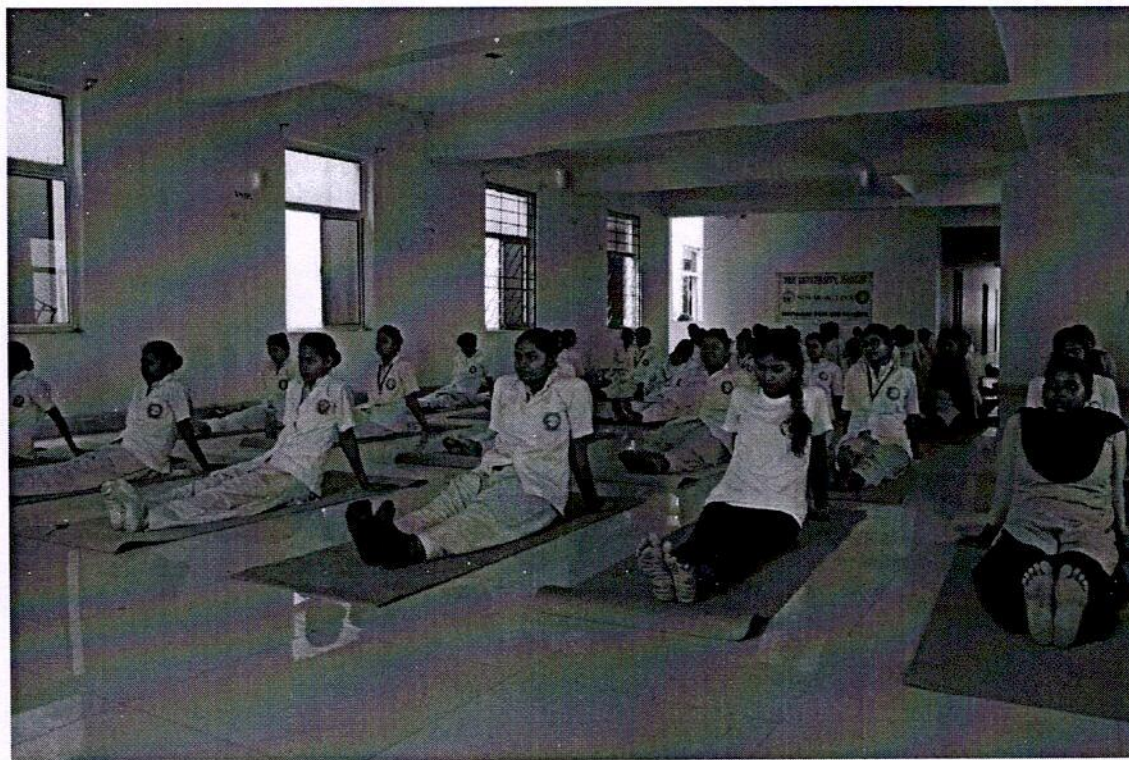


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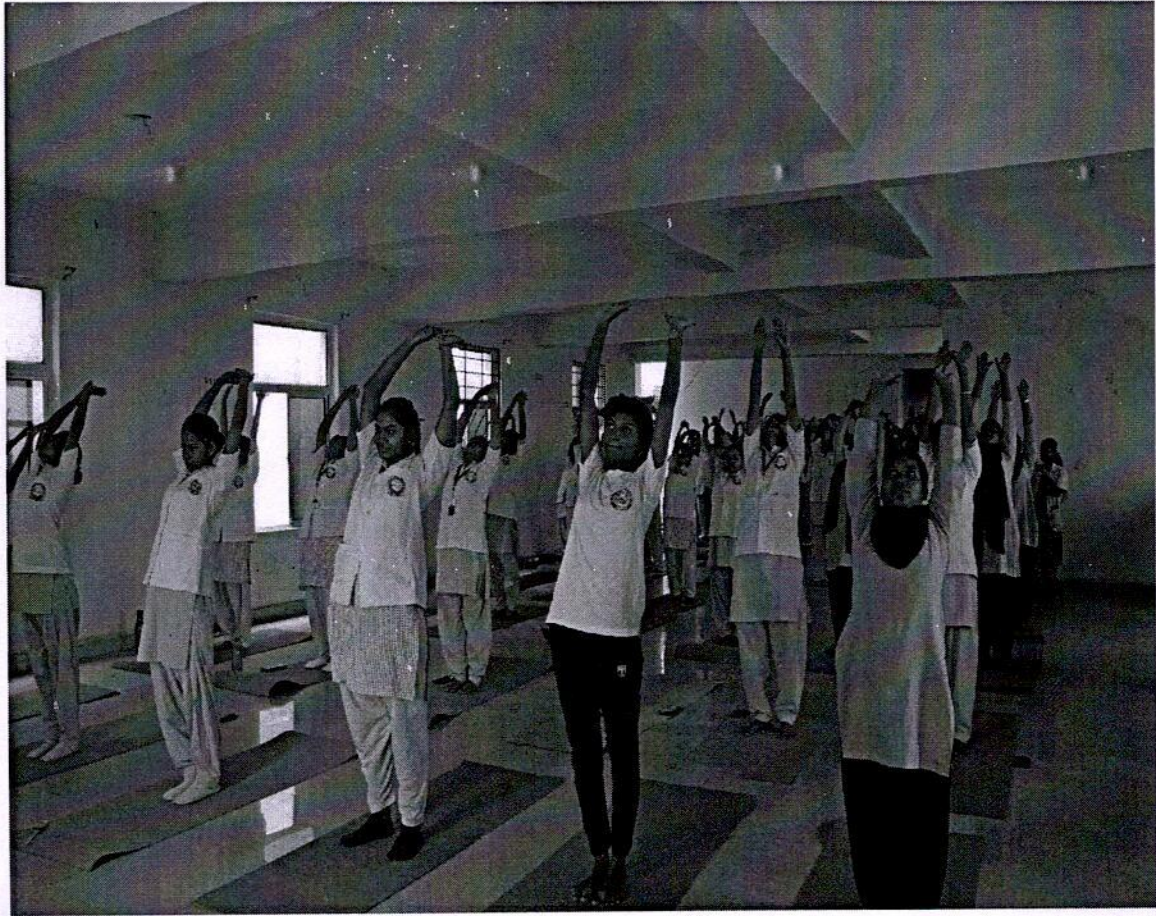


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**वाईबीएन विश्वविद्यालय में मनाया गया योग दिवस -  
खबर सेल - Khabar Cell**

रांची: योग दिवस के अवसर पर वाईबीएन विश्वविद्यालय में एनएसएस के द्वारा योग प्रशिक्षण का आयोजन किया गया। खबर सेल

[khabarcell.com](http://khabarcell.com)

**वाईबीएन विश्वविद्यालय में मनाया गया योग दिवस**

<https://khabarcell.com/jharkhand/yoga-day-celebrated-in-ybn-university/>

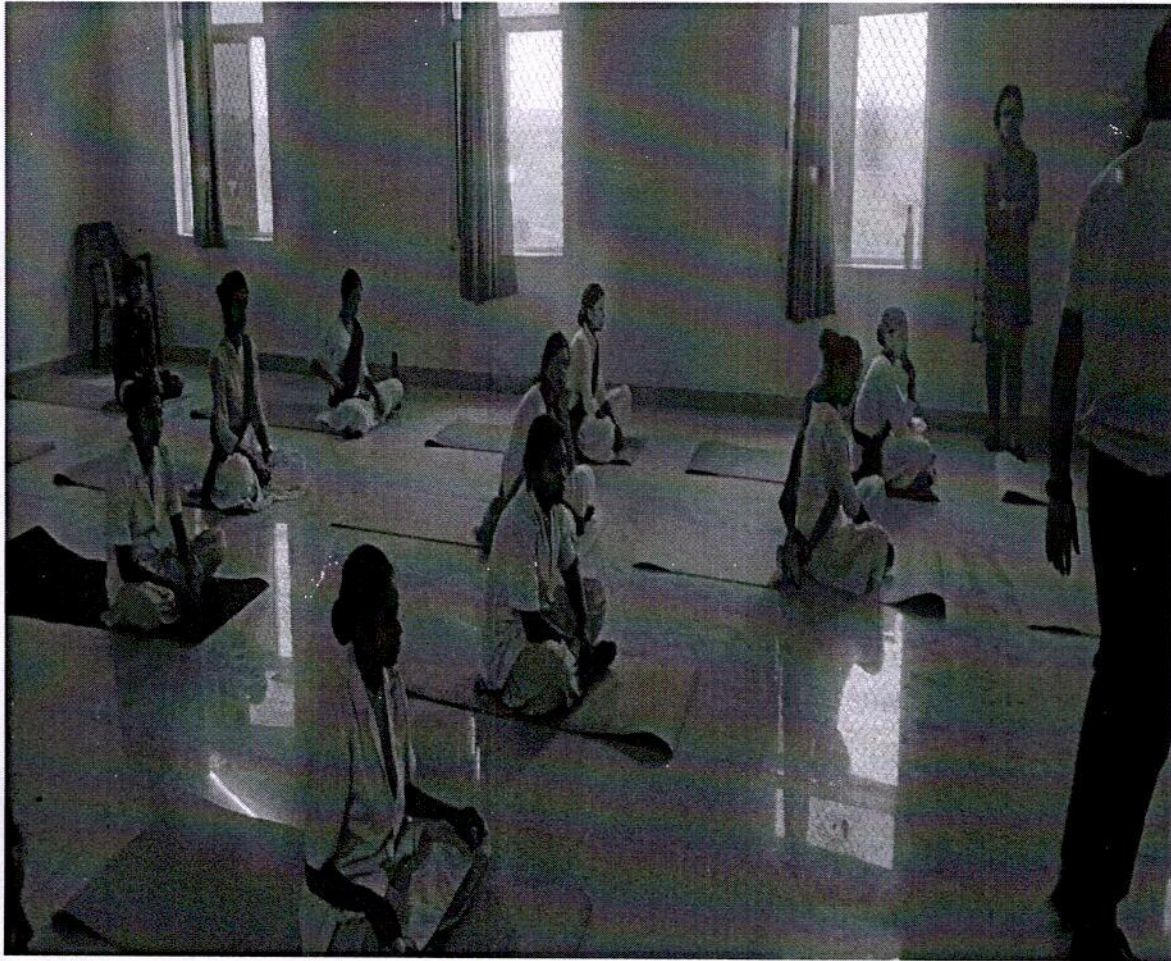


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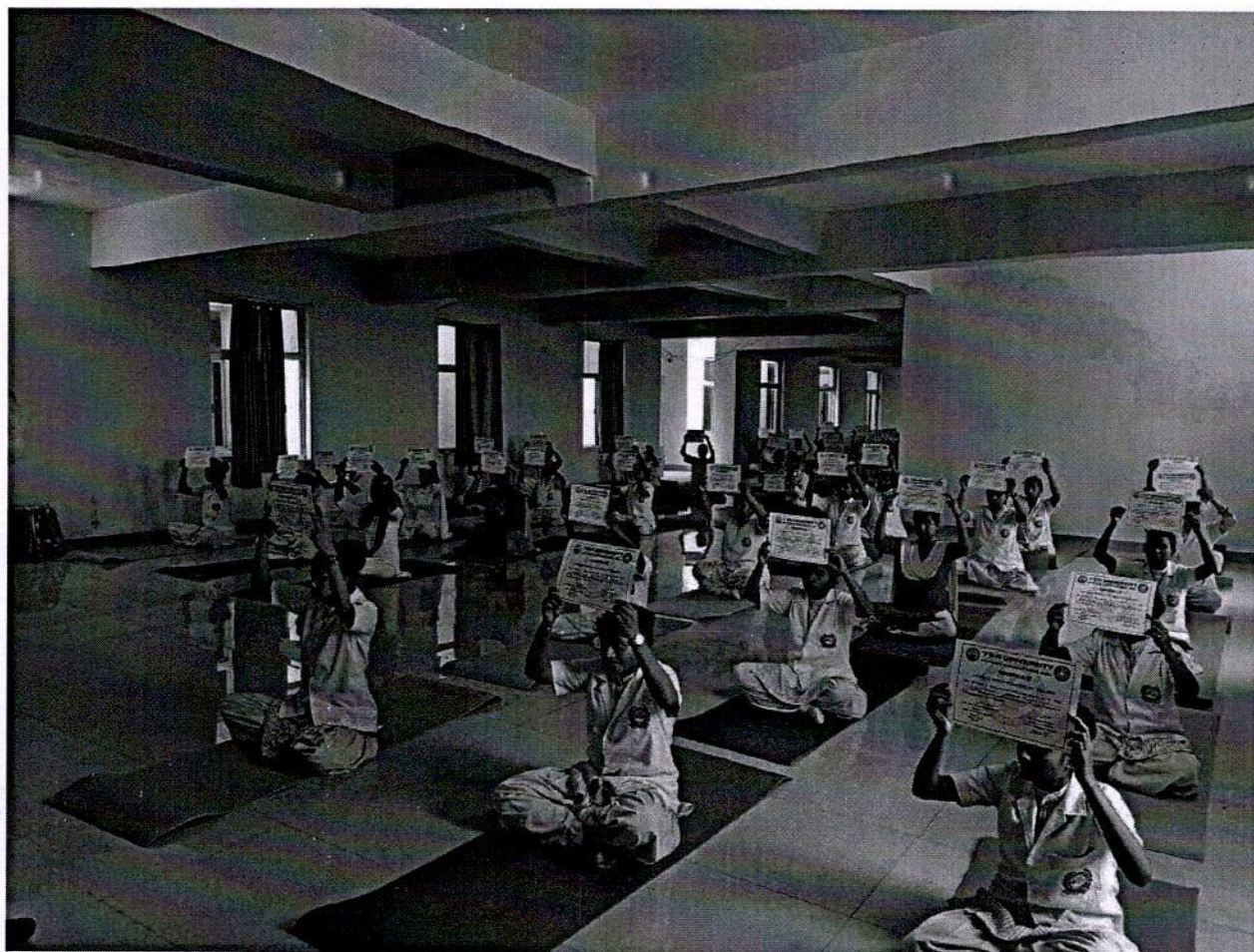


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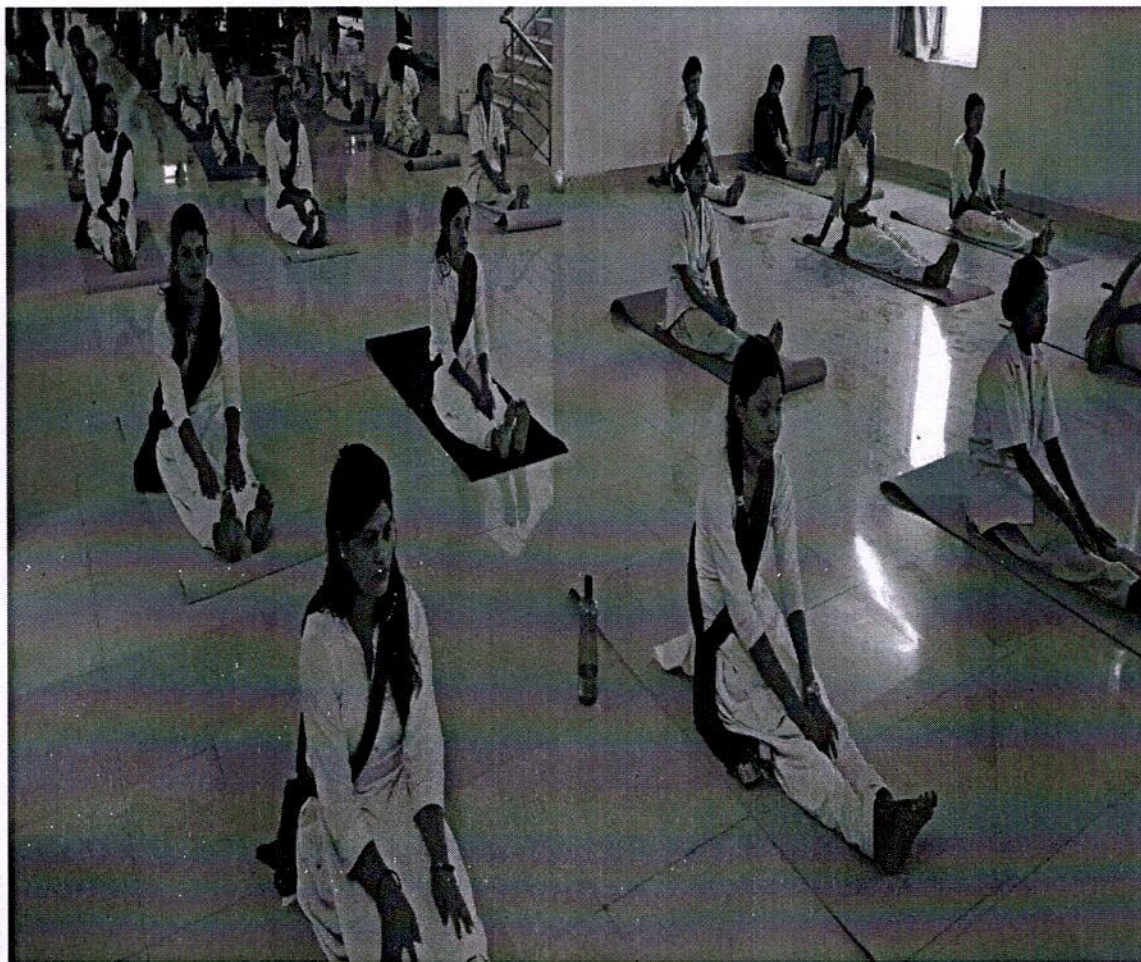


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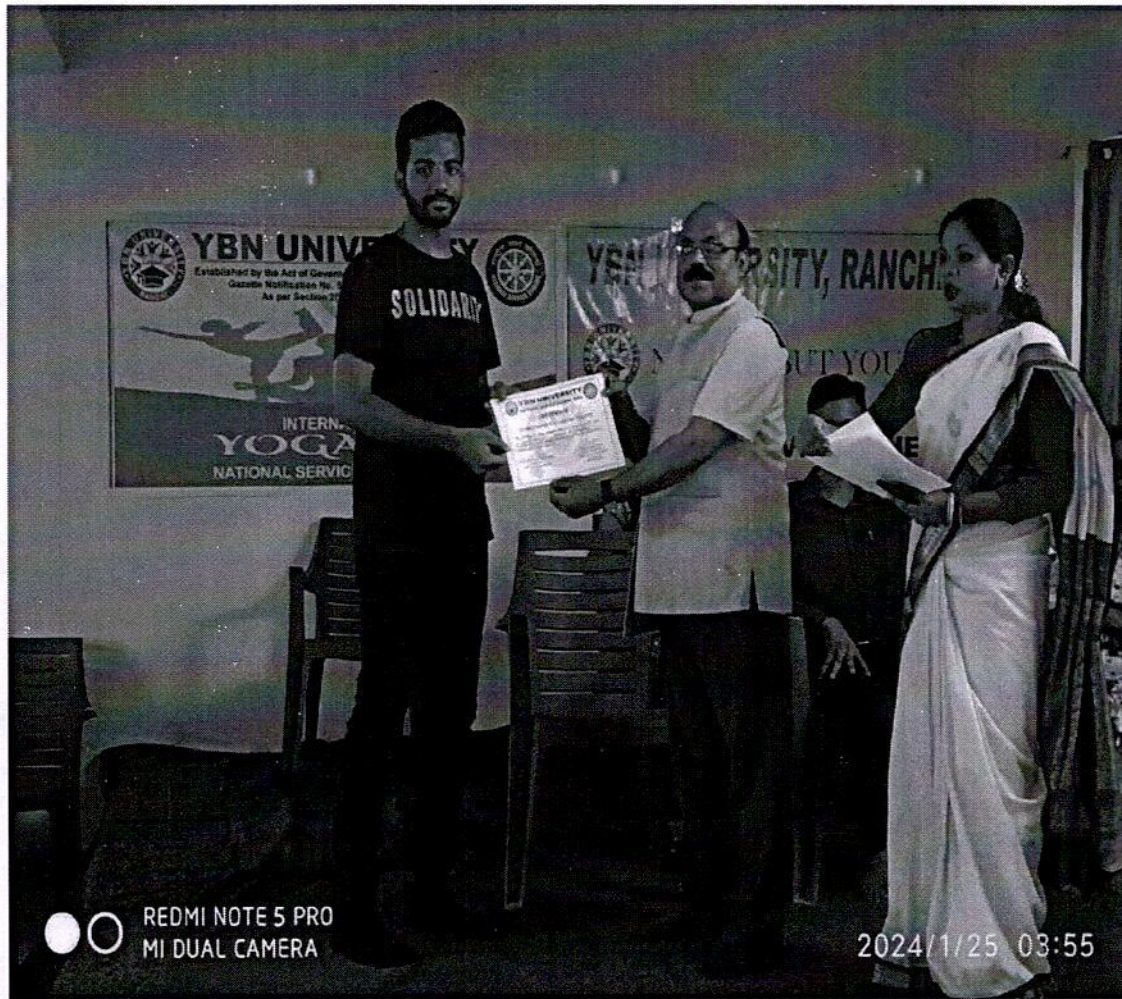


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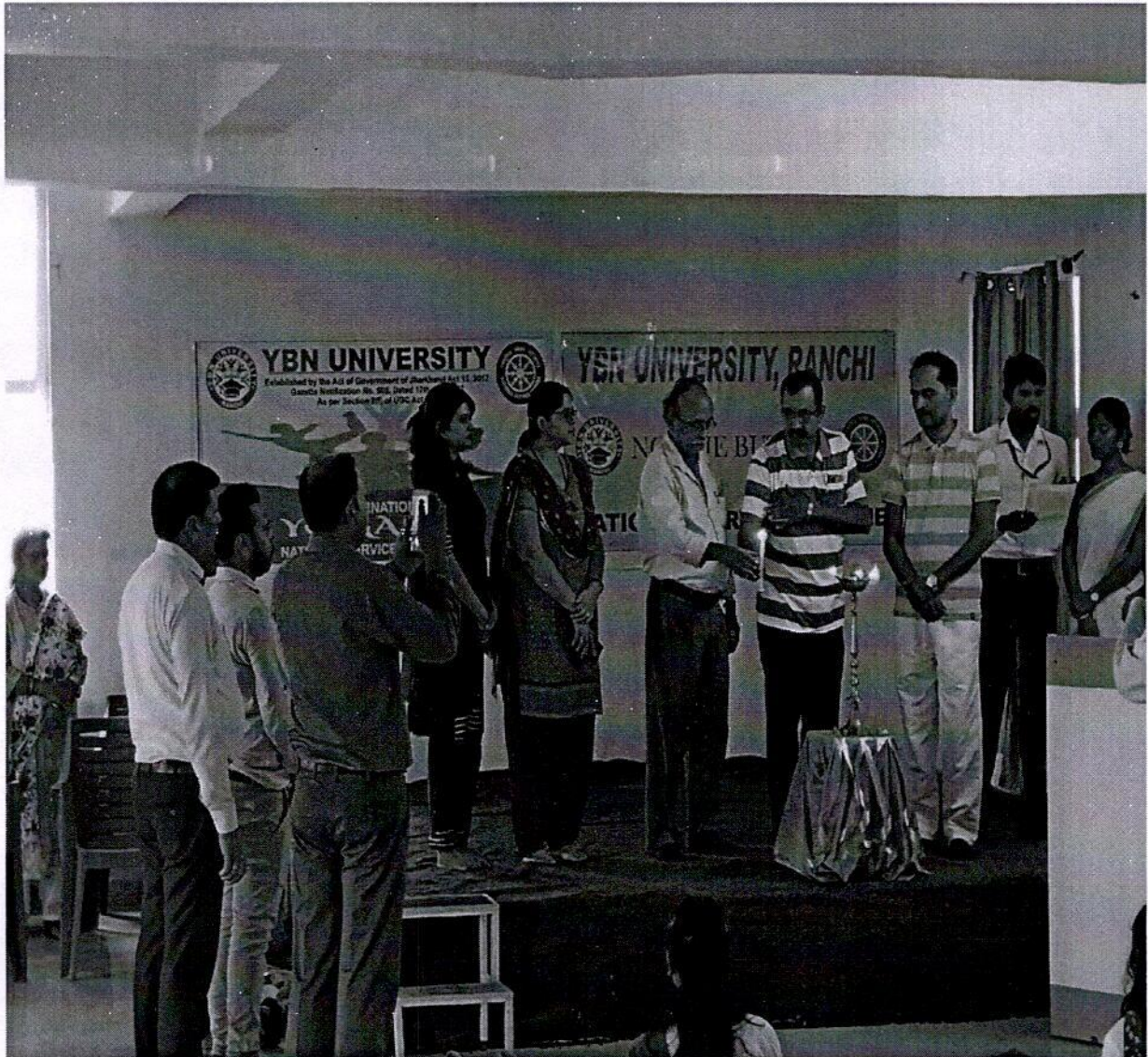


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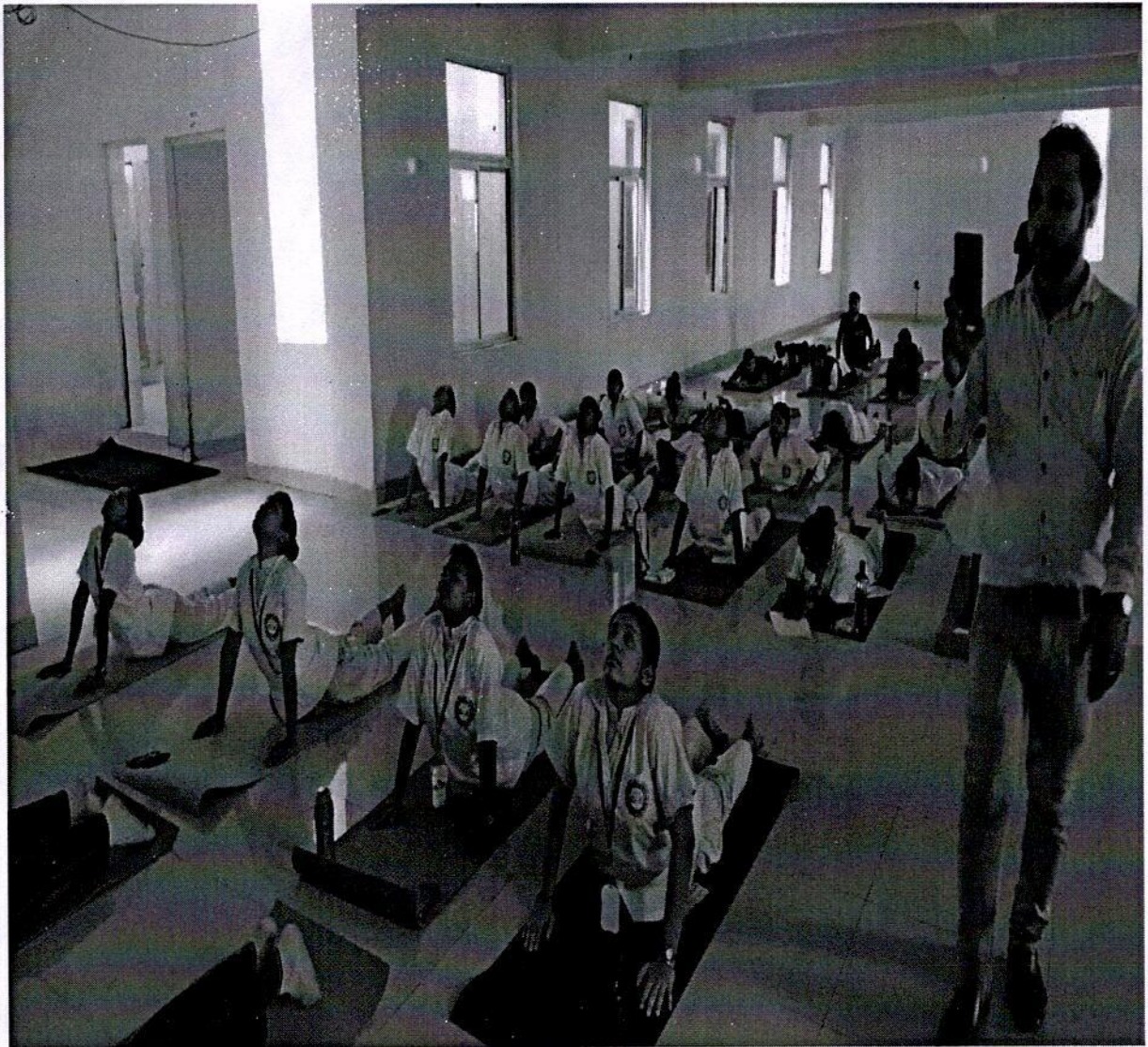


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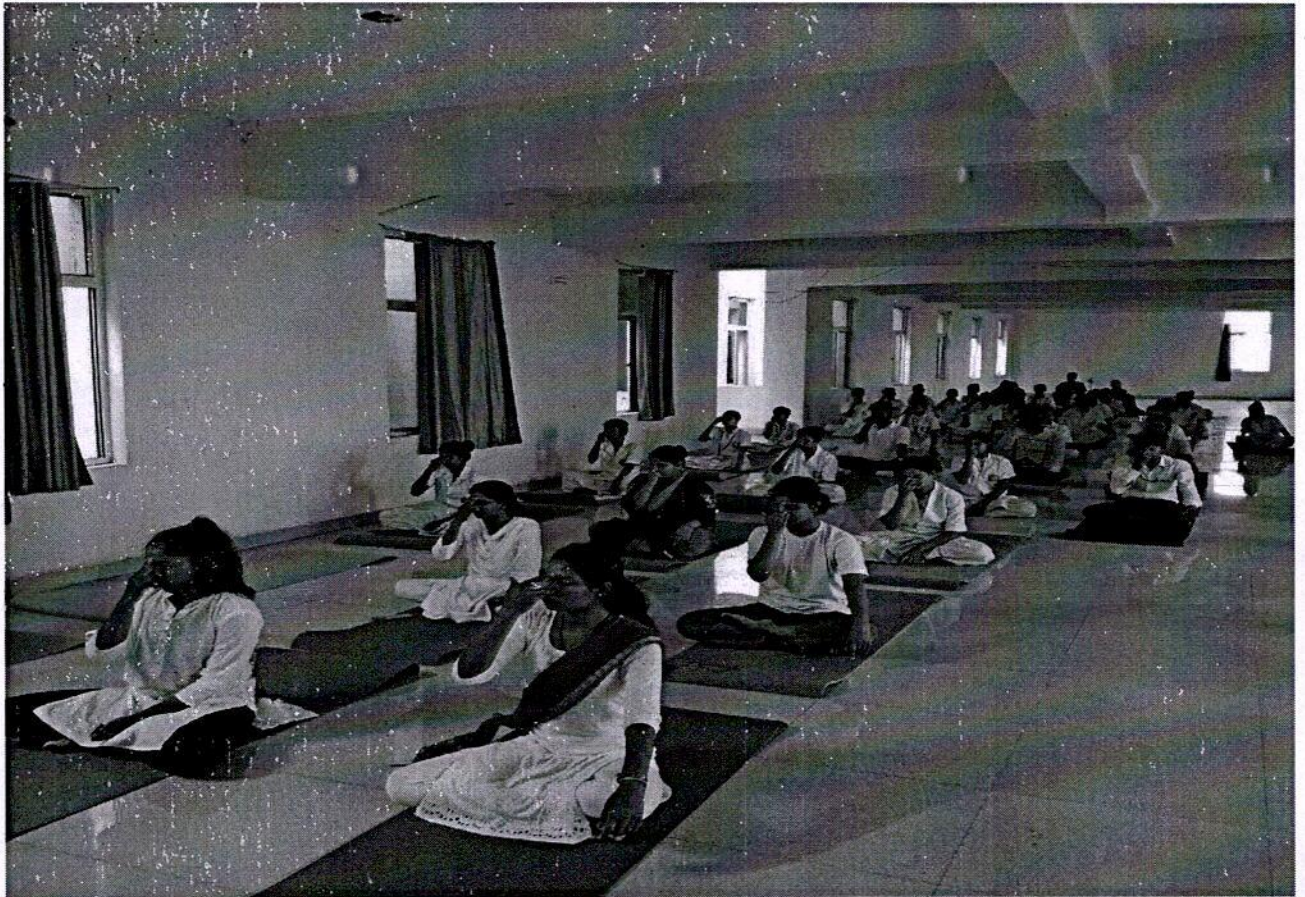


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## वाइबीएन विश्वविद्यालय में 9वां अंतरराष्ट्रीय योग दिवस मनाया गया

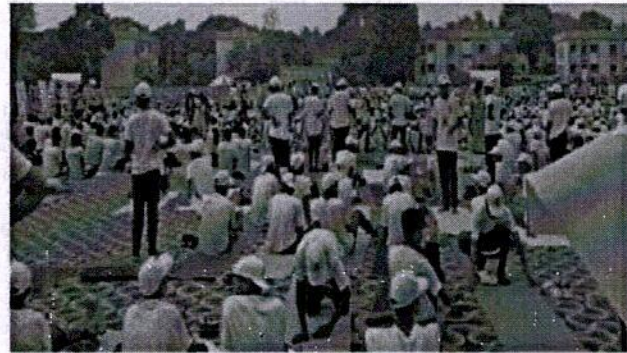
बिना संवाददाता



कराया. कार्यक्रम वीएयू की राष्ट्रीय (एनएसएस) स्वागत भाषण में न (एग्रीकल्चर डीके रूसिया ने ग एवं साधना की भा रही परंपरा पर समारोह का एसएस कार्यक्रम (एग्रीकल्चर डॉ उत्तम कुमार नएसएस कार्यक्रम एग्रीकल्चर) डॉ दी.

रांची : हर साल 21 जून को अंतरराष्ट्रीय योग दिवस मनाया जाता है। भारत में प्राचीन काल से ही योग किया जा रहा है। योग भारतवासियों की संस्कृति से जुड़ा हुआ है। शरीर को स्वस्थ रखने में योग काफी असरदार होता है। रोजाना योगाभ्यास से शरीर फिट रहता है। विश्व में योग को पहचान दिलाने में भारत का अहम योगदान है। भारत की वजह से ही योग को सम्मान मिला है। अब योग के प्रति जागरूकता फैलाने के लिए हर साल की तरह आज भी विश्वभर में योग दिवस मनाया जा रहा है।

संयुक्त राष्ट्र संघ की बैठक में वर्ष 2014 को प्रधानमंत्री नरेंद्र मोदी ने अंतरराष्ट्रीय योग दिवस मनाने का प्रस्ताव रखा था, जिसे यूनाइटेड नेशन ने स्वीकार किया था और 21 जून 2015 को पहला योग दिवस मनाया गया था। तब से लेकर आज तक योग दिवस मनाने का यह सिलसिला जारी है। योग करने के शारीरिक और मानसिक रूप से लाभ होते हैं। इस साल 9वां अंतरराष्ट्रीय योग दिवस



मनाया जा रहा है।

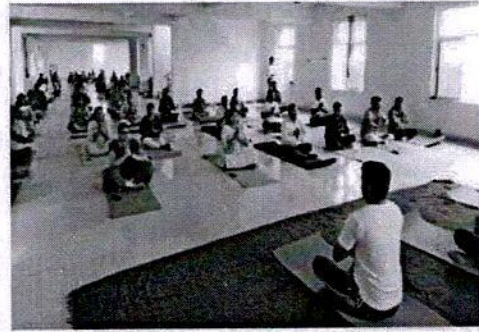
इसी क्रम में आज आयुष झारखण्ड के तत्वाधान में वाइबीएन विश्वविद्यालय के करीब 100 कर्मियों और 400 छात्र ने मुख्य रूप से उपस्थित होकर मेकॉन स्टेडियम में 9वां अंतरराष्ट्रीय योग दिवस मनाया। तत्पश्चात वाइबीएन विश्वविद्यालय के एनएसएस समिति ने फिर वाइबीएन विश्वविद्यालय में 9वां अंतरराष्ट्रीय योग दिवस मनाया। मौके पर बोलते हुए विश्वविद्यालय के प्रो चांसलर रामजी यादव ने कहा कि आप कई रोगों से बचे रह सकते हैं। मानसिक और शारीरिक रूप से आप खुद को मजबूत बनाते हैं। योगाभ्यास से मन-मस्तिष्क को शांति मिलती है। मूड बेहतर होता है। स्ट्रेस, एंजायटी दूर

होती है। यदि आप चाहते हैं कि आपके दोस्त, रिश्तेदार आदि भी योग के महत्व को समझकर, इसे अपने जीवन में शामिल करें तो आप अपनी बात को खास सदियों के जरिए उन तक पहुंचा सकते हैं। आयोजन में विश्वविद्यालय के प्रो चांसलर रामजी यादव, मुख्य कार्यकारी अधिकारी इंजीनियर दीपक कुमार, कुलपति प्रोफेसर डॉ.एसपी यादव, रजिस्ट्रार डॉ. रमन दुबे, डिप्टी रजिस्ट्रार संजय तिवारी, परीक्षा नियंत्रक डॉ. चंद्रजीत कुमार, डीएसडब्ल्यू डॉ अर्पणा शर्मा, एनएसएस कोऑर्डिनेटर इ० कौशल किशोर, एनएसएस प्रोग्राम मैनेजर डॉ अंजनी कुमार सिंह एवं सभी संकाय के डीन और एचओडी मुख्य रूप से उपस्थित थे।



## वाइबीएन विश्वविद्यालय परिसर में योगाभ्यास कार्यक्रम संपन्न

रांची । वाइबीएन विश्वविद्यालय के करीब 100 कर्मियों और 400 छात्र ने मुख्य रूप से उपस्थित होकर मेकॉन स्टेडियम में 9वां अंतरराष्ट्रीय योग दिवस मनाया। तत्पश्चात वाइबीएन विश्वविद्यालय के एनएसएस समिति ने

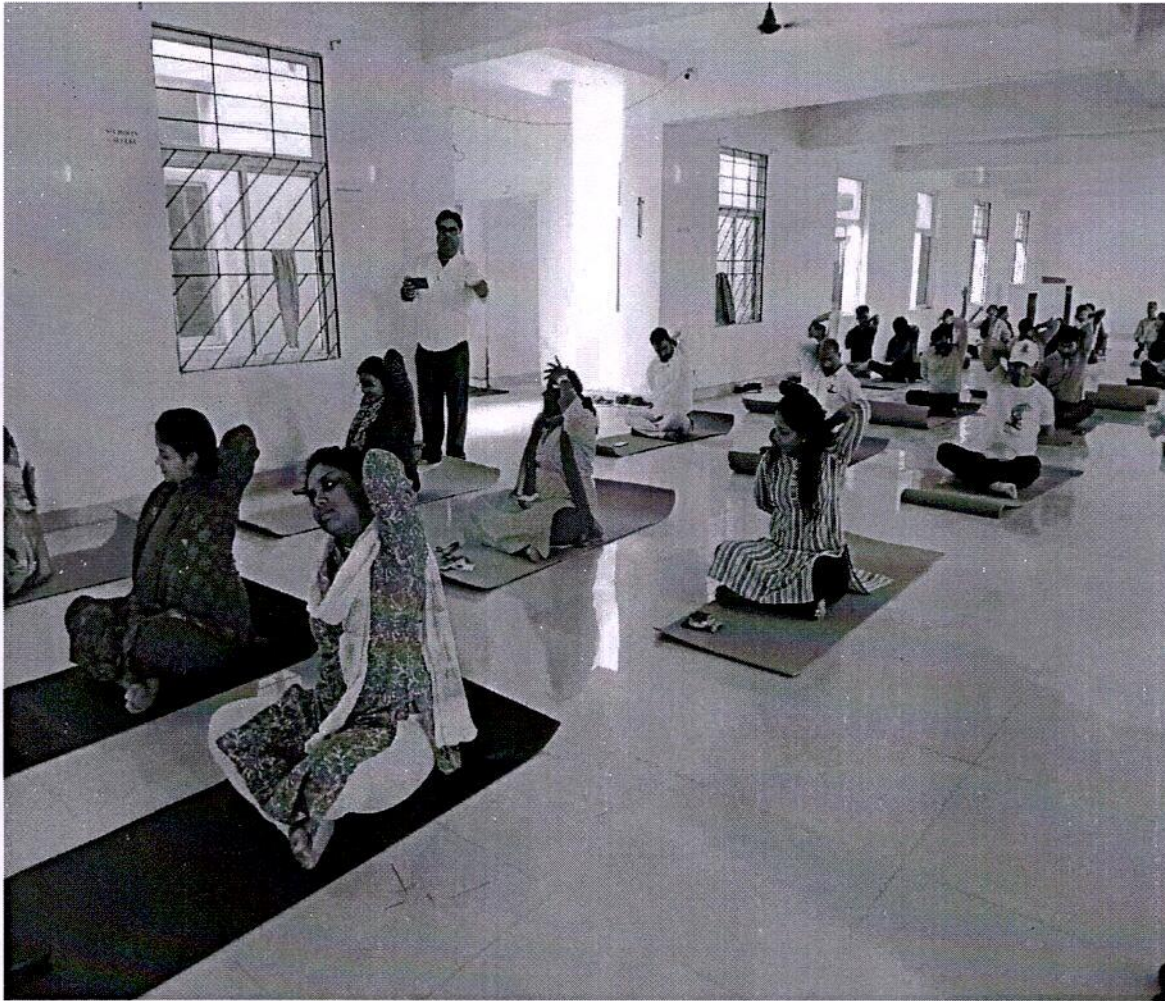


फिर वाइबीएन विश्वविद्यालय में 9वां अंतरराष्ट्रीय योग दिवस मनाया। मौके पर बोलते हुए विश्वविद्यालय के प्रो चांसलर रामजी यादव ने कहा कि आप कई रोगों से बचे रह सकते हैं। मानसिक और शारीरिक रूप से आप खुद को मजबूत बनाते हैं। योगाभ्यास से मन-मस्तिष्क को शांति मिलती है। मूड बेहतर होता है। स्ट्रेस, एंजायटी दूर होती है। यदि आप चाहते हैं कि आपके दोस्त, रिश्तेदार आदि भी योग के महत्व को समझकर, इसे अपने जीवन में शामिल करें तो आप अपनी बात को खास संदेशों के जरिए उन तक पहुंचा सकते हैं। आयोजन में विश्वविद्यालय के प्रो चांसलर रामजी यादव, मुख्य कार्यकारी अधिकारी इंजीनियर दीपक कुमार, कुलपति प्रोफेसर डॉ.एसपी यादव, रजिस्ट्रार डॉ. रमन दुबे, डिप्टी रजिस्ट्रार संजय तिवारी, परीक्षा नियंत्रक डॉ. चंद्रजीत कुमार, डीएसडब्ल्यू डॉ. अर्पणा शर्मा, एनएसएस कोऑर्डिनेटर इ0 कौशल किशोर, एनएसएस प्रोग्राम मैनेजर डॉ. अंजनी कुमार सिंह एवं सभी संकाय के डीन और एचओडी मुख्य रूप से उपस्थित थे।

देव  
भार  
द्वार  
पर  
जन  
शि  
तेर्त  
गय  
लो  
स्क  
मा  
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गय  
मा  
पु  
कि  
सो  
में  
देव  
ने  
एक  
भा



#### 4.1.2. YBN University Yoga Photographs





## वाइबीएन विश्वविद्यालय में मनाया गया अंतरराष्ट्रीय योग दिवस

नामकुम (आजाद सिपाही)। आयुष झारखंड के तत्वावधान में वाइबीएन विश्वविद्यालय के करीब 100 कर्मियों और 400 छात्रों ने



मेकॉन स्टेडियम में 9वां अंतरराष्ट्रीय योग दिवस मनाया। मौके पर विश्वविद्यालय के प्रो. चांसलर रामजी यादव ने कहा कि योग से आप कई रोगों से बचे रह सकते हैं। योगाभ्यास से मन-मस्तिष्क को शांति मिलती है। आयोजन में विश्वविद्यालय के प्रो चांसलर रामजी यादव, मुख्य कार्यकारी अधिकारी इंजीनियर दीपक कुमार, कुलपति प्रोफेसर डॉ एसपी यादव, रजिस्ट्रार डॉ रमन दुबे, डिप्टी रजिस्ट्रार संजय तिवारी, परीक्षा नियंत्रक डॉ चंद्रजीत कुमार, डीएसडब्ल्यू डॉ अर्पणा शर्मा, एनएसएस कोऑर्डिनेटर इ० कौशल किशोर, एनएसएस प्रोग्राम मैनेजर डॉ अंजनी कुमार सिंह एवं सभी संकाय के डीन और एचओडी मुख्य रूप से उपस्थित थे।



#### 4.1.2. YBN University Yoga Photographs





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9.	CRICKET BALL	12	
10.	CRICKET STUMPS	14	IJ
11.	STUMPS BAILS	14	
12.	TUG OF WAR ROPE + SKIPPING ROPE	16	
13.	TABLE TENNIS BOARD	18	KL
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15.	TABLE TENNIS BAT	20	
16.	TABLE TENNIS BALL	20	MM
17.	CARROM BOARD	24	
18.	CARROM COINS	26	
19.	CARROM STRICKER	26	OP
20.	CHESS	28	
21.	LUDO	30	
22.	LUDO GODI	30	QR
23.	YOGA MAT	32	
24.	STOPWATCH	34	
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Amount		

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3

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## BADMINTON

CORK + BACKET

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